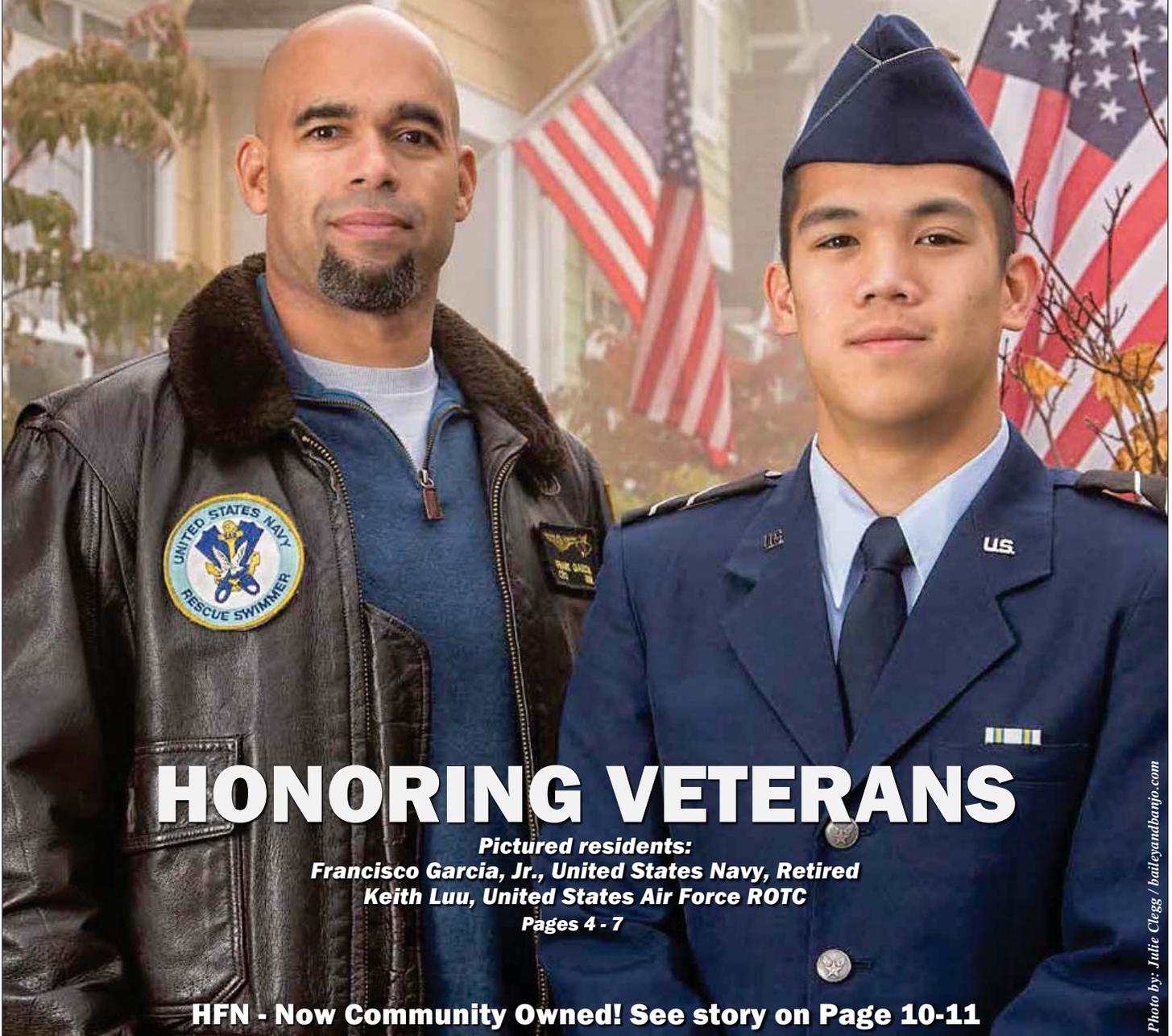


# CONNECTIONS

ISSAQUAH HIGHLANDS COMMUNITY NEWS

www.ihwebsite.com | facebook.com/highlands.council

November 2013



## HONORING VETERANS

**Pictured residents:**  
*Francisco Garcia, Jr., United States Navy, Retired*  
*Keith Luu, United States Air Force ROTC*

Pages 4 - 7

**HFN - Now Community Owned! See story on Page 10-11**

Photo by: Julie Clegg / baileyandbarjo.com

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BUILDING COMMUNITY AT ISSAQUAH HIGHLANDS  
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Issaquah, WA 98029

### WHAT'S INSIDE?

- |                           |                         |
|---------------------------|-------------------------|
| 8 Highlands Council       | 23 Living Green         |
| 10 HFN News               | 25 Fitness & Health     |
| 12 Club Profile           | 26 Arts & Entertainment |
| 12 Movie Review           | 26 Ask Kari             |
| 12 Volunteer of the Month | 27 Wits and Tidbits     |
| 13 Issaquah City News     | 28 IHCA News            |
| 14 Schools Spotlight      | 30 Construction Update  |
| 15 Elections              | 31 Grand Ridge Plaza    |
| 17 Kids Essays            | 34 Resident Profile     |
| 18 What's Happening       |                         |





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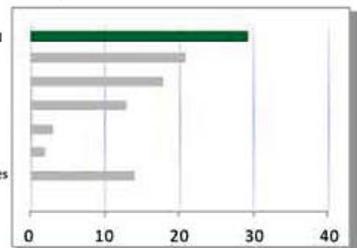
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2542 Longmire Court	\$506,000
2773 NE Magnolia Street	\$525,000
2043 Larchmount Drive NE	\$545,000
2056 30th Lane NE	\$555,100
1771 14th Lane NE	\$561,000
1889 30th Ave NE	\$586,000
1515 NE Jonquil Lane	\$591,000
3143 NE Norton Lane	\$640,000
3434 NE Marion Lane	\$660,000
3170 NE Norton Lane	\$673,000
3262 NE Marquette Way	\$711,000
2918 NE Davis Loop	\$735,000
2629 30th Court NE	\$736,000
1636 28th Ave NE	\$825,000
1585 25th Ave NE	\$910,000

**\*\*I.H. Listing Market Share YTD 2013\*\***

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## FROM THE EDITOR



As the weather turns decidedly cool, my smile broadens with satisfaction that summer is really over. Crisp mornings with the valley below blanketed in fog, mountains surrounding us with new, reflective white peaks, kids in the routine of school, I stumble into a routine of my own, less frenetic, more productive. I love the fall season.

As you can see by the cover, this issue of Connections is a tribute to the members of our community who have served us in the most enduring way, those who serve or have served us as veterans. I know there are more members of our armed forces among us than those you will see in these pages. But thankfully, one of the veterans who came forward also provided an insightful story about what Veteran's Day means to him. I think it will move you as it did me.

Along with the resident veterans, these pages include very special tributes from residents who are not veterans: from the photographer and author Jerry Kaufman and young Lee Huston, paying tribute to his WWII grandfather with an interview and finally a history lesson from Dr. Paul Dean. These stories are touching and eye-opening. I hope you too enjoy them.

Also see inside the big news for Issaquah Highlands: you are now the proud owner of Highlands Fiber Network. On the community's behalf, Highlands Council has acquired HFN from our developer, Port Blakely. Celebrate the details inside.

And if it's November, it's time to vote! If you are still undecided, see our Q & A with the school board and mayoral candidates.

With all that, you may be wondering: What about Grand Ridge Plaza?? Indeed! We will share all things GRP with you next month, when we expect almost all to be open. Details will be in the December issue.

See you then!

**Nina Milligan, Crofton Springs**

*Editor of Connections - Highlands Council Communications Manager*

*Highlands Council is the publisher of Connections, producer of community-wide events such as Highlands Day, owner and manager of Blakely Hall, liaison with the greater community.*

*Rob and Nina Milligan and Karl and Lacey Leigh represent many pioneering residents who have led, influenced and supported Issaquah Highlands' growth*

*Port Blakely Communities is celebrating those who've helped build community at Issaquah Highlands over the past 20 years. If you or someone you know was involved, please join in by signing your name and sharing your story at [issaquahhighlands.com/story](http://issaquahhighlands.com/story)*

## PIONEERS

The earliest residents of Issaquah Highlands embraced the pioneering vision to create the Puget Sound's first sustainable urban village. With simply a master plan in hand, they envisioned friendly neighborhoods, parks, schools, services and shops where only construction sites existed. Intuitively, they knew that Issaquah Highlands would grow into a vibrant, diverse mix of neighborhoods and a shopping district where residents play a key part in the community's growth.

Thanks to their pioneering efforts, these Community Builders founded a community that is now recognized among the region's premier communities to live, work and play.

# GRAND OPENING

## November 2013!

Dr. Madhuri Vanama

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## VETERANS APPRECIATION

### Pearl Harbor Reconciliation Story

by Jerry Kaufman, Issaquah Highlands Resident

Exactly fifty years after Japan's surprise attack on Pearl Harbor, Zenji Abe, a former Japanese dive bomber pilot, returned to Pearl Harbor, extended his hand in peace to three Pearl Harbor survivors, and offered an apology. They each took his hand and accepted his apology. What happened next was totally unscripted at a very scripted event, and proved to be a positive turning point for many veterans.

Most notably, Richard Fiske, a former US Marine and survivor of the attack, witnessed the handshake and apology. Earlier, doctors at Tripler Army Hospital had told him that his bitterness and hatred of Japanese was literally "eating him alive." He used their words as motivation to introduce himself to Abe. Long story short, they became close friends. Abe and Fiske became a symbol for the reconciliation between American and Japanese veterans.

#### An Architect's Vision

Reconciliation is what Alfred Preis, the architect of the USS Arizona Memorial, had in mind in 1962 when he designed the Tree of Life sculpture, a universal symbol of renewal, as part of the memorial. He envisioned a time in the future when former enemy combatants would meet at the memorial and make peace with one another.

#### Making a Picture Book

I first visited Pearl Harbor in October 2001 just days after the surprise attack on 9/11 and only months after my father's death. I was immediately drawn to the oil coming up from sunken USS Arizona. Oddly, I left the Memorial feeling refreshed, confident and safe.

I next visited the USS Arizona Memorial in September 2009 for a planned photo shoot. A tall, flat piece of concrete with a cut out pattern near the entrance caught my attention. A security guard told me it was the Tree of Life and I'd see two more of them on the memorial. I still knew nothing about renewal and reconciliation connections.



I was mesmerized by the oil. After experimenting over the next several months with various conditions and techniques of letting the oil tell its story, I had a collection of pictures and began collaborating with others. Two years later, my set of up-close impressions of the 'black tears' was

transformed into a picture book with a storyline of renewal and reconciliation: *Renewal at The Place of Black Tears* - an artist's interpretation of the oil from the USS Arizona Memorial at Pearl Harbor.

#### Conversations

The book has been a wonderful conversation starter. Over the past 18 months I've met thousands of people—young and old, from all walks of life (including artists, historians, teachers, and military people) from across the United States and around the world.

Special conversations that have resonated with me include those with: school-age children and their teachers (one-on-one and in classrooms, especially with 5th and 6th graders); autistic children; veterans; multigeneration families; active duty military; Zenji Abe's daughter; Japanese students; a fourth-generation family from Hiroshima; a US Senator and Medal of Honor recipient; Pearl Harbor survivors; and military mental health providers.

#### Inspiration for Book

I'm asked why I wrote the book. In a word, my dad. He was a kid from Jersey who turned 20 on the Beaches of Normandy. He never talked about the war. Towards the end of his life, as he was dying of cancer, my sister asked, "So, dad, what do you want to do before you die?" In a heartbeat, he said, "Two things: One finish my rock collection."—which was his way of saying he wanted more time. "And two, go back to Normandy."



Six weeks later we were the on Normandy Landing Beaches. Dad ripped out his oxygen tube and jumped out of the car leaving his wheelchair behind. I found myself on the beach with a 20-year-old kid.

His emotions started to bubble up just like the oil trapped for years in the Arizona. When I asked my dad how he felt, he simply said, "Sad." His emotions quickly morphed into joy and gratitude. Then snippets of stories started to bubble up. He called them "flashbacks." I'd tried for 40 years to tease these stories out of him; but he wouldn't give them up.

When my dad was last on this beach it was like the first 20 minutes in the film "Saving Private Ryan." The contrast 40-years later couldn't have been more different.

I learned two things that day: 1. The power of this place to heal and renew. 2. That the trajectory of the warrior's life changes in battle.

At Pearl Harbor I discovered another powerful place of war and renewal, and of lives forever changed there.



#### In Honor of Today's Veterans

As our military winds down a decade of war, President Lincoln's Gettysburg Address on another sacred battlefield comes to mind. President Lincoln spoke of the "new birth of freedom" as we speak of renewal today. His call to action is still relevant today: "that we here highly resolve that these dead shall not have died in vain." If I may add a phrase to acknowledge all veterans: "nor the living warrior among us live alone in pain."

In honor of our veterans and active duty military let me share the wise words that a 95-year-old Pearl Harbor survivor sometimes recites as he returns on the Navy launch from the memorial, "My fellow Pearl Harbor survivors and those that perished here wouldn't want you to leave here today unhappy or sad. Go in peace, love each other, and say thank you to those that keep us safe today."

BTW: My dad lived another two years rather than the two months his doctors gave him.

November's multimedia talk will include backstories about the Abe-Fiske friendship, specific conversations, my Normandy experience, and making the book.

### Veterans Day Author Talk

**Blakely Hall • Thursday, November 7th, 2013 • 7:00pm**

#### *Renewal at the Place of Black Tears*

Author and IH resident, Jerry Kaufman presents a multimedia presentation about Pearl Harbor Suitable for 5th grade to adult. FREE!

## VETERANS APPRECIATION

### Veterans Day

by Dr. Paul Dean, Trail Vista Park Resident

Young American men, with moments left to live, had toe holds in the trench wall in front of them. Their wool, lice-infested, khaki-colored uniforms barely held back the cold on this eleventh day of November 1918. On the other side of the trench, across shell holes and wire, lay German fortifications in various states of disarray. The German army was in retreat. Its final desperate advances had been halted by inexperienced but aggressive American troops, troops that worked in the rain sang as they marched, and handled their Springfield rifles with deadly accuracy. While the Germans could retreat and regroup, they had no fresh allies to turn to for help. In fact, since Austria had sued for peace on November 7th, Germany was now standing completely alone.

The Americans started a fresh push to drive the Germans back across the Meuse River for the first weeks of November. The Germans didn't go easily, however. While the Americans advanced steadily they suffered heavy casualties for each mile they took. When the Americans took their positions on the 11th they expected similar casualties as the day before. Before dawn the American artillery received orders to soften up the German positions and let loose shells with a thunderous roar. German artillery replied to the barrage with its own murderous fire, killing hundreds in the process. As the minutes ticked toward 7 A.M. the American doughboys checked their equipment and waited for the whistle.

At the stroke of seven, responding to the shrill signal from their NCO, soldiers grabbed the top of the trenches, climbed available ladders, and lunged over the top with abandon. In some sections of the line men advanced taking German positions but suffered casualties in the hundreds. In other more fortunate parts of the line soldiers got halfway up and over, as runners arrived from headquarters breathlessly shouting "Finis La Guerre," the war is over. The change took a minute to set in. As the guns grew silent, men let out a cheer, threw their helmets in the air, and hugged their fellow soldiers. The details filtered in throughout the day, Germany, facing complete and senseless destruction had agreed to the peace terms, and in the 11th month, 11th day, in the 11th hour hostilities officially ceased in the First World War. President Wilson, seeing the importance of this 11th month, 11th day, and 11th hour proclaimed it, "Armistice Day," one year later, declaring,

*"To us in America the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory because of the thing from which it has freed us and the opportunity it has given America to show here sympathy with peace and justice in the councils of the nations."*

Years later Congress agreed this day should be remembered in a legal fashion, recognizing Armistice Day as a holiday in 1938 even as Europe stumbled toward yet another conflict. Seven years later, and after American Veterans had once again liberated Europe, World War II veteran Raymond Weeks led a delegation to General Dwight Eisenhower suggesting that Armistice Day be expanded to honor all veterans. By 1954 Congress had officially replaced "Armistice" with "Veterans" and witnessed it signed into law by then President Dwight Eisenhower.

Both of my Grandpas were veterans in World War II. As I grew older I heard stories of near brushes with death, buddies who died so that my grandfathers could make it home. They showed me uniforms, medals, and even a zipped black leather bible that my Grandpa Dean had carried in his pocket as he jumped out of a "perfectly good airplane" into a sky lit by anti-aircraft fire and tracer bullets over Normandy on D-Day. The stories didn't last, though. My Grandfathers explained that talking about the conflicts brought back vivid nightmares of unspeakable sights, and memories long buried. I don't think either Grandpa expected me to understand, but none-the-less seemed genuinely touched when I thanked them for their service.

Today there are over 22 million veterans in the United States. Over 380,000 are currently rated 100% disabled. As we approach Veterans Day 2013 our hope is our sincere thanks will somehow counterbalance the nightmares and old injuries that will not heal, and even barricaded open-air memorials during government shutdowns.

These are some words to consider in the 11th Month, on the 11th day in 2013, which so happens to be the 94th remembrance of the brave Doughboys who went over the top November 11, 1918.

### Poppa Lee

by Huston Warrick, Seventh Grade, Pacific Cascade Middle School, Resident Ashland Park



Lee Huston currently resides at University House in Issaquah; he is 91 yrs old! He was born and raised on Vashon Island, WA. He served in the US Army during WWII when he was 19 yrs old, and then pursued his Bachelor of Science Degree in Mathematics. It is extremely rare these days for employees to stay with a company for 35 years, but that's what he did! He retired from Boeing as a computer engineer in 1988.

He raised a family of eight children in Seattle, and was a recipient of a Father-of-the-Year award in a local competition. Lee has lived with his daughter, husband, and two children in a self-sufficient "father-in-law" apartment in the Issaquah Highlands for the past 10 years.

Huston Warrick; Ashland Park Neighborhood – 14yrs old: I have always looked up to my grandfather. He has been highly involved in the Issaquah Highlands. He diligently volunteered in the Parks & Trails Committee, and the Wetlands Committee in the Highlands, and even has a plaque/tree dedicated to him. Because of his involvement with the community, he is now the proud recipient of the "2011 Key to Issaquah Highlands." We took many walks when I was younger. During that time, we visited the constantly morphing developments in the Highlands. Developments and growth occurred in the Highlands each day, and I enjoyed watching the new changes with my grandfather.



In honor of Veteran's Day, I have been asked to interview my grandfather about his experience while serving in the U.S. Army during WWII.

**Q: What was your job in the Army?**

A: Relaying the communication telephone wires and I laid electrical wires on the front lines. Then I rode shotgun in jeeps as a messenger for different batteries/ gun positions.

**Q: Were you drafted into the Army, or did you join on your own?**

A: I was drafted into the Army.

**Q: What age were you when you were drafted?**

A: I was nineteen when I was drafted. I qualified for the Army Specialized Training Program after Basic

Training, and I took some engineering classes before I was deployed to Europe.

**Q: What was the most dangerous place you traveled to in the Army?**

A: France, Germany, and Austria were all very dangerous.

**Q: Did anyone shoot at you?**

A: We weren't close enough to be shot at directly, because the artillery supported the front lines; but we were shelled a lot, and we were sometimes in the line of fire. I had to be protected while I ran wires in the front lines.

**Q: Where were you stationed?**

A: Several different places, but we weren't really stationed when we were in combat. We were constantly on the move.

**Q: Did you have to carry a weapon in the Army?**

A: Yes, but I never had to fire it.

**Q: What was the most difficult part about being in the Army?**

A: Basic Training

**Q: What was so hard about Basic Training?**

A: We had to get up really early, took a lot of long hikes, had to work hard constantly, and got very limited down time.

**Q: Where did your Basic Training take place?**

A: Fort Eustis, Virginia

After spending time interviewing my grandfather, I learned many new things about his life when he was younger. He never really shared much about his experiences while serving in WWII; this has been a very exciting addition to his previous stories. I didn't know that he had such an amazing role in WWII.

### Happy Thanksgiving! A Free Dental Care Day to Support War Veterans



**Eligibility:**

- Veterans who have been deployed to war & their spouse. DD214 form and Award letter required.
- Have no dental insurance
- Have financial need

**Date:** Saturday, Nov 9th, 2013

**Time:** 8:00am to 3:00pm

**Place:** 22516 SE 64th Pl, Issaquah, WA 98027

Call Dr. Theresa Cheng, Issaquah Periodontics, at (425) 392-8992 for an appointment. Limited availability

## VETERANS APPRECIATION

*Issaquah Highlands thanks its resident veterans for their service!*



1. Bart Manzer, United States Navy, E-7  
Served 2000-2011. Picture was taken at Pearl Harbor, Hawaii in 2010  
IH Neighborhood: Sorrento
2. Paul A. Kirschbaum, United States Army, Captain, USMA c/o 1995  
Photo taken at Ft. Knox in 1995,  
IH Neighborhood: Crofton Springs
3. Richard Shevak, United States Marine Corps, Major. Deployed to Iraq in 2003.  
Photo taken on ship traveling from North Carolina to Kuwait in 2003.  
IH Neighborhood: West Highlands Park
4. Stacey Sprinkle  
Rank Sergeant E-5 United States Marine Corps  
August 1996-August 2001  
IH Neighborhood: Wynhaven
5. Darren Sprinkle  
Rank Lcpl E-3 United States Marine Corps  
August 1996-December 1997  
IH Neighborhood: Wynhaven
6. Francisco Garcia, Jr., United States Navy, Chief Petty Officer  
IH Neighborhood: Ashland Park

### Veteran's Day Service

**Monday, November 11th, 2013**  
**11:00 a.m. @ the Issaquah Senior Center**

Veterans of Foreign Wars Post 3436 will honor all area veterans at their Veteran's Day Service on Monday, November 11th at 11am at the Issaquah Senior Center (75 N.E. Creek Way, downtown Issaquah). The service will include a guest speaker, a presentation and introductions of all veterans present. The event closes with a 21-gun salute. The Honor Guard and Color Guard will be members of Liberty High School's Junior Naval ROTC.

### Do you need help moving your life forward?

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## VETERANS APPRECIATION

### What Veterans Day means to me...

by Francisco Garcia Jr., Resident Issaquah Highlands

Every year on Veterans Day, I look back at my military service and reflect upon it. I spend the day looking at all the people around me wearing military mementos. I look around and see veterans of many generations. Where else can you be a part of something that is not tangible, only experienced? Quietly, I relate to veterans that are strangers as my brothers and sisters. They have always been relied upon, regardless of the circumstances. I never doubted them.

In my military experience, your soul and virtue was tested to your limits. You learned how to endure like you never endured before. You overcame emotional obstacles so you could stay focused to finish the missions. You developed yourself to stay strong when you were the weakest.

At a turning point in my career I began to understand my duty as a serviceman when I met a Marine veteran that stormed the beaches of Guam during World War II. I never got his name but I knew he was from the Northeastern part of the United States. His accent gave him up. It was the 50th anniversary of WWII on Guam. His eyes opened wide in excitement describing his tour of duty during the conflict.

Guam is a US Territorial Island in the Pacific Ocean where many battles were fought. I was stationed on Guam as a rescue swimmer in the US Navy in the 1990's. I spent my days training, biking, fishing, diving, and mostly swimming in Guam. Most of the time I forgot the fierce battles that took place in the Pacific even though flying up and down the islands I could see the reminders of what the battle may have been there like: Sherman tanks on the beaches of Saipan, Japanese Seaplane at the bottom of Apra

Harbor, and anything you could dig up from the soil. These reminders are still there today. It was breathtaking to stand on the very soil where my fellow veterans fought. I may not have been there decades ago but, it was as if I knew them. I can't even begin to fathom what it was like back in those days being on a ship for months then storming a beach. They fought tooth and nail to take back the island, and they did.



Toward the latter part of my career I fully understood what it meant to serve. After doing a tour as a rescue swimmer I chose to become a flight engineer. This transition allowed me to see even more of the world. After 9/11 I knew I had to pay my dues, so to speak. Without going into detail it was both a great experience and a tough one. Being in a combat zone is not something to glorify. But, you learn about yourself. You find a way to laugh. I have traveled to many countries and learned that the people of the United States have it very well. We have liberties like no other nation. I learned about cultures that are much older than the United States.

But I lost valuable time with my children just as other servicemen and servicewomen had. I learned how much I valued being at home. My time had come to move on and retire from the military.

I served for 20 years and don't regret it. My journey was difficult and challenging. I failed as well as succeeded. Smiles

are universal. We are all the same. Life is short, and precious. I now greatly appreciate the simpler things in life.

This is my journey and would never trade it for the world.

# Candy Buy-Back!



**This Halloween, trick-or-treaters can bring their excess candy to Highlands Dentistry and receive \$1 for each pound!**

**All candy collected will be sent to our troops overseas**

**Candy will be collected at Highlands Dentistry November 4-5 Candy must be unopened.**

**For more information please call 425-996-0457 or visit them on-line on at: [www.ihdentistry.com](http://www.ihdentistry.com)**

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**HIGHLANDS DENTISTRY**  
*Tomorrow's oral health today.*

## HIGHLANDS COUNCIL

### A Start of Something New! Highlands Council Selects the Inaugural Youth Board

by Vyvian Luu, Highlands Council Student Intern and Sunset Walk Resident

Issaquah Highlands is known for many things: a green, safe and welcoming community. And with Highlands Day, the Green Halloween® Festival and other community events at Blakely Hall and throughout the community that focus on families with young children, there is a growing concern that older kids are being left out. Christy Garrard, Director and Special Events Planner for Highlands Council, questions, "Do we, as a community, provide enough activities for the middle and high school age group?" To this end, Highlands Council has established a Youth Board that welcomes teens from middle and high school to plan activities for this age group. Below are a few questions that I asked Garrard during our interview about the NEW Youth Board:

#### What is the sudden motivation for forming a youth board?

The student demographic is aging in Issaquah Highlands. Just look at the crowds at the middle school bus stops in the morning! The motivation isn't sudden though it may seem that way; Highlands Council has always planned to have a Youth Board.

#### What are your goals for forming this board?

The goals for the Youth Board include a diverse representation of resident students that will plan events for teenagers that are sometimes social, sometimes service related, sometimes educational, and always FUN!

#### What is the age range for being a member for the youth board?

Students must be in middle or high school.

#### What is the application process?

Interested students completed a two page application and participated in a one-on-one interview with me to share why they should be selected and what they hope to contribute to improving the lives of teenagers in Issaquah Highlands.

#### How many times does the youth board have a meeting?

That will ultimately be up to the Youth Board and their calendar of events. There is much work to be done initially. The selected members must elect officers, draft a charter and mission statement and create a name and brand for the Youth Board - because "Youth Board" is a boring name. We also expect to have Youth Board representation at quarterly Highlands Council Board of Trustee meetings and Highlands Fiber Network Board of Director meetings. Youth Board members will also serve on community event planning committees and contribute articles and photos for Connections News and social media outlets.

#### Why couldn't the youth board form years ago? Why now?

When the recession hit in 2009 it hit the Highlands Council hard; with just enough funding to stay operational the Youth Board was not a realistic goal. Today, with community enhancement fees on the rise as homes sell more rapidly and the completion of Grand Ridge Plaza approaches Highlands Council finds itself in a better position staff-wise and financially to support this important initiative.

#### Anything else you would like to add?

The paid staff at Highlands Council is still very small considering the amount of programming we bring to the community. We are grateful for the support of residents like Adam Gervis, Carrie Jamison, Tim Baynes, Larry Norton and many parents who have attended the brainstorm forums and informational sessions as we prepared to launch the application process. The Youth Board success will hinge upon the support of adults in the community willing to volunteer time to help chaperone and supervise events and projects.

After two successful Youth Board Informational meetings, it was great to see how many interested young adults came to listen and contribute their time to learn about the Youth Board. With the school year just starting, Garrard and the newly selected Youth Board members are very excited to start and get this board rolling. Stay tuned to read more next month's issue!



Front Row: Larissa Kolasinski, Vyvian Luu, Megan Kilzi, Jady Eigner Row 2: Huston Warrick, Alexandra Morrey, Chloe Kilzi Row 3: Robyn Davidson, Sean Davidson, Domonique Bolar, Bhavya Chhabra Row 4: Christy Garrard, Aadit Mehta, Adam Gervis Not Pictured: Rachel Rosewater, Sahar Kazemi

### Thankful for a Full November Calendar of Events

by Christy Garrard, Director Highlands Council, Dahlia Park Resident

Our role at Highlands Council is to "build community". We are thankful to work with community building partners who share our mission to bring social, educational, and service opportunities for all stakeholders to experience and enjoy throughout the year. November is no exception, the Blakely Hall calendar is FULL of special events for the community, hosted by the community: your neighbors. Please come out and support these FREE programs.

Let us thank resident volunteer Cindy Klenk for organizing the monthly **Open Mic Nights**, the first Friday of each month at 7pm.

Let us thank resident Stuart Linscott, the City of Issaquah Citizen Action Corps, and the Red Cross *Safe in the Sound* program for bringing the November 2nd **Map Your Neighborhood Informational Seminar** at 10:30am. The Map Your Neighborhood program helps neighbors share knowledge of resources so that in the event of a disaster your street is able to support each other through the crisis.

Let us thank resident Jerry Kaufman for sharing heart-warming stories from Pearl Harbor in his **multi-media presentation, Renewal in the Place of Black Tears**, based on his bestselling book and photography collection. Appropriate for 5th grade and older, this family-friendly evening will honor our veterans and provide a rich perspective at 7pm on Thursday, November 7th.

Let us thank long-time **Wine Club** leader and resident, Dianne Brisbane for co-hosting a night of Italian wines with **artist Julie Rackley** on Friday, November 8th at 7pm. Julie will share a brief presentation about her *Italian Dreams* series currently showing inside Blakely Hall.

Let us thank residents Julia and Steve Cooke, insurance professionals who have made it their personal mission to help people understand what's going on with the **Affordable Care Act**. No sales pitch – just clear information with the opportunity for you to ask questions on Thursday, November 14th at 7pm.

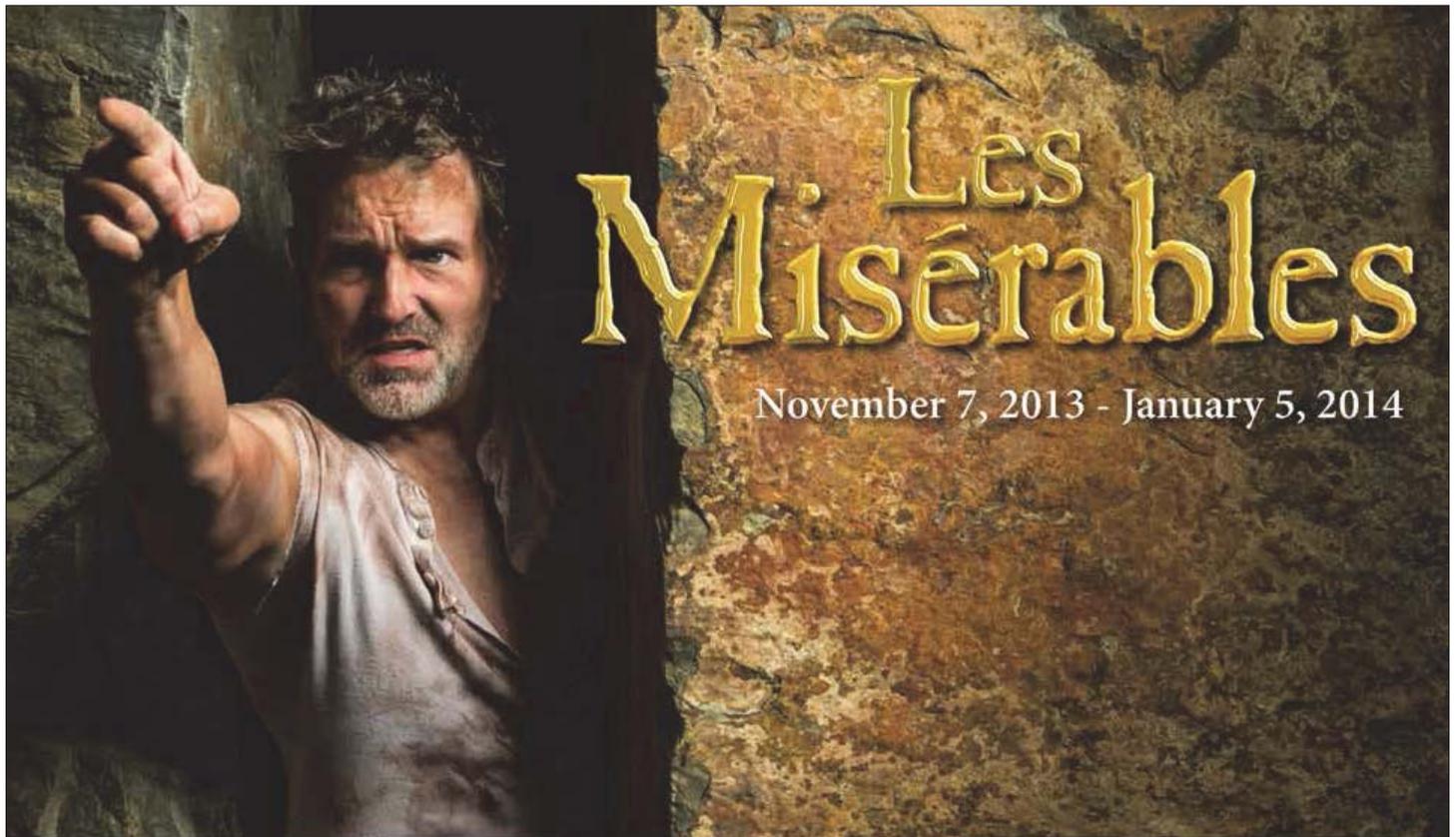
And finally, let us thank Rabbi Berry Farkash and the Chabad of the Central Cascades for planning what is sure to be a fun-filled community celebration of **Chanukah** on November 30th at 7pm.

As I write this update of gratitude for what is to come in November, Highlands Council staff is busy finalizing the Green Halloween® Festival details and busy planning a magical December full of holiday cheer for the community. *Tis the season!*

Happy Thanksgiving IH! (See more event details on pages 18-19)



Highlands Council and artEAST celebrate the ribbon cutting of Blakely Hall as an art gallery. From Left to Right: Christy Garrard, Highlands Council Director; Audrey Slade, Issaquah's Chamber of Commerce's Queen of Issaquah; and Fred Butler, Councilman and Council President, City of Issaquah.



Box Office: (425) 392-2202

Village Theatre

www.VillageTheatre.org

# OBAMACARE AFFORDABLE CARE ACT & YOU

**Thursday, Nov. 14<sup>th</sup>  
7pm**

**Blakely Hall-Issaquah Highlands**  
2550 NE Park Drive, Issaquah, WA 98029

**AN INFORMATIONAL PROGRAM**  
WHERE YOU CAN ASK QUESTIONS

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FOR A SUBSIDY.  
AM I ONE?**

**SHOULD I TAKE  
MY INSURANCE  
AT WORK OR GO  
TO THE  
EXCHANGE?**

**HOW CAN I  
MAKE THIS  
CHANGE AS  
PAINLESSLY AS  
POSSIBLE?**

**WHO HAS  
ACCESS TO MY  
INFORMATION IF  
I DO / DON'T USE  
THE EXCHANGE?**



## Italian Dreams and Italian Wine Friday, November 8th at 7pm Blakely Hall

Issaquah Highlands Wine Club co-hosts a night of Italian wines  
with artist Julie Rackley. Julie will present:  
"Examining Symbolism in the Visual Artist's Work"

Julie's work can be enjoyed throughout October and  
November in Blakely Hall.

Sponsored by Highlands Council and artEAST

RSVP: Dianne at danielsondd@yahoo.com

**artEAST**  
the power of community in visual arts

**HIGHLANDS COUNCIL**  
BUILDING COMMUNITY AT ISSAQUAH HIGHLANDS

## HIGHLANDS FIBER NETWORK

### Fiber to the Home, Community Owned!

by Nina Milligan, Communication Manager, Highlands Council, Resident Crofton Springs



Every residence in Issaquah Highlands has a wired box enclosing a portal to the rest of the world. Have you seen the movie "Time Bandits"? Think of this box like the armoire in the kid's bedroom. Opening the door of Highlands Fiber Network (HFN) opens the door for Issaquah Highlanders to go anywhere, anytime, faster than anyone else.

In a world where telcos and cable companies battle for market share, where the bottom line is decided by an investor group in some far away land, the people of Issaquah Highlands have always had within reach the power to control their

onramp to the internet freeway. As of October 4, 2013, through Highlands Council's acquisition of HFN, Issaquah Highlands now owns its award-winning, internet network system.

*"Residents have told us HFN was an important part of their decision to move to the Issaquah Highlands. We didn't want to risk the loss of this great community amenity to a commercial entity that would potentially jack up prices or throttle bandwidth," said Patrick Byers, IH Resident and member of the Highlands Council Board of Trustees. "We felt we had to dig deep to see if there was any financially viable way we could protect this important community amenity."*

#### History

Back in the day, in the early 1990s, Port Blakely Companies recognized many similarities between urban planning's "smart growth" and their approach to land stewardship. As owners of vast acreage on the edge of the burgeoning city of Issaquah, they embraced the opportunity to showcase their long term approach by forming Port Blakely Communities to manage this and other properties in the region. Port Blakely Communities could turn a sustainable forest into a sustainable village. Early on Judd Kirk took the helm. During his tenure, Issaquah Highlands was envisioned, planned and built.

For Kirk, integral to the vision was Highlands Fiber Network. This state of the art, high-speed fiber network would provide connectivity complementing the sustainable, community-oriented design of Issaquah Highlands. With it Information Age professionals could work from home or have home-based businesses. From the beginning, Kirk hoped the network would be community owned and controlled.

*"We realized that few people felt they needed it in those days, but Port Blakely was looking ahead and planning for what people would want in 2005 rather than 1995. It could not only improve their quality of life, but also enhance the value of their home."*

*Judd Kirk, Port Blakely Communities, Retired*

#### Community Controlled Network

Community control was built into the founding documents of Issaquah Highlands. One such document is the Covenant for Community. This legal document knits all residents and land owners together in a common bond. Part of the Covenant defines the Network System: HFN.

According to the Covenant, all single-family homes and condominiums in Issaquah Highlands must include at least one connection to the Network System. (All other properties may be connected and most of them are.) Required connections bring with them required network fees regardless whether the tenants use the network. This is not unlike other utilities we are accustomed to (such as water, electricity and sewer)

The Covenant also laid the groundwork for Highlands Council to acquire HFN when the time was right. Port Blakely Communities is completing its work as developer of Issaquah Highlands. The time has come for the community to take ownership of HFN.

*"Port Blakely's vision for Issaquah Highlands was to create a community where residents connect in many ways, building a strong sense of place and enriching the quality of life," said René Ancinas, CEO of Port Blakely Companies and President of Port Blakely Communities. "As the community nears completion and our obligations as master developer are fulfilled, the transfer of the HFN ownership will ensure an enduring, sustainable service and community benefit. Ownership of HFN by Highlands Council benefits both residents and businesses, and it ensures the community's continued access to one of the fastest networks in the country."*

#### Many Thanks

Highlands Council rose to the occasion under the leadership of its Board of Trustees President, Larry Norton. As Highlands Council "transitioned" from founder Port Blakely control earlier in 2013, the Highlands Council Board of Trustees recruited resident technology experts to

research the possible HFN purchase. This committee's conclusions supported Highlands Council's purchase of HFN. To them purchasing HFN supported the Council's mission, provided a valuable amenity to the community, and would become a funding source for community services.

Larry spent months in negotiations with Port Blakely Communities ultimately achieving a fair and reasonable agreement.

Even though both parties were amicable, the terms and dealings were very complicated and required a considerable amount of time and skill. The Council is extremely grateful to Larry for his tireless volunteerism that will ensure the best outcome for the community.



Tim Diller, Port Blakely Communications (left) with Larry Norton, Highlands Council

*"Port Blakely, the developer of the Issaquah Highlands, made this all possible. They came to us with an opportunity without going out to bid, and then worked with us on terms we could make work," explained Larry Norton, President of the Highlands Council Board. "Once again, they have proven how much they care about our community."*

**Don't worry: Isomedia will seamlessly continue to support HFN, your IHmail and advancements yet to come on the network.**

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5-10 P.M.  
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# HIGHLANDS FIBER NETWORK



## Highlands Council Mission for Vibrant and Caring Community

Highlands Council's mission is to "foster the development of our vibrant and caring community committed to service, diversity, stewardship and well-being." Highlands Council fulfills that mission by helping residents connect through events such as the Green Halloween® Festival and Highlands Day, by supporting dozens of community-directed clubs and activities, through social media, its weekly electronic newsletter, and its aptly-named community magazine, Connections.

With the acquisition of HFN, Issaquah Highlands and Highlands Council is taking

"connections" to a whole new level by making the unprecedented move of acquiring a high speed fiber to the home network, that it will own and operate on the behalf of the community.

## Community Representation

To support the vision of community ownership a resident "technology group" was created in the early days of HFN. This small committee evolved into today's HFN Advisory Group. Tim Underwood and Charlie Herb, resident volunteers, meet monthly with HFN's General Manager and Isomedia professionals to work through HFN planning and strategies. Tim and Charlie were joined by Allen Enebo to create Highlands Council's HFN Acquisition Committee, assisting Trustee President Larry Norton in evaluating the technical and business prospects of Highlands Fiber Network, as well as the executive search for a new General Manager.

*"This is one of the most significant moments in our communities' short history and likely won't be fully appreciated until years from now." Charlie Herb, HFN Acquisition Committee (Resident Volunteer)*

*"The acquisition of HFN by the community is a momentous occasion in Highlands' history. It gives us the opportunity to control our service offerings, products and pricing and most importantly keep the revenue within the community." Allen Enebo, HFN Acquisition Committee (Resident Volunteer)*

Highlands Council welcomes the entire community to celebrate with them this accomplishment. Under HFN's new ownership and management the network will continue to work with resident support to guide its development and improvements.



## HFN Welcomes a new General Manager

Frank Pineau comes to us from Frontier Communications and Verizon where he was Manager- Network Engineering and Planning. His General Manager role with HFN will continue his career of 40+ years in the telecommunication and media delivery industry. Having worked for GTE for the longest stint of his work career, he has had experience with fiber optic system planning with local Seattle company IBI.

Frank and his wife live close by Issaquah Highlands and enjoy the scenic and vibrant Issaquah lifestyle. Frank's HFN office will be in Blakely Hall.

*See November Volunteer of the Month article Page 12 thanking the HFN Acquisition Committee: Tim Underwood, Charlie Herb and Allen Enebo*

*The newly formed HFN, Inc. has Larry Norton serving as a temporary CEO with Tim Underwood, Charlie Herb and Allen Enebo as directors on the board.*

*Thanks also to the Highlands Council HFN Transition Committee: Allen Enebo, Tony Cowan, Robert Milligan, Adam Pond, Tim Underwood and Charlie Herb*

## HFN – Highlands Fiber Network – Timeline

- 1996 — Port Blakely Communities, the City of Issaquah and King County join forces to establish the visionary Urban Village, Issaquah Highlands.
- 2000s — Port Blakely Communities envisions cutting edge internet connectivity to be a trademark of Issaquah Highlands. Uniquely high-performing, it could also be uniquely community-owned and controlled.
- 2002 — Highlands Fiber Network implements Fiber to the Home (FTTH) to all residences, delivering the highest internet speeds available, making every home a member of the network.
- 2002 — Resident-based Technology Group Is created.
- 2004 — Past technical issues resolved. Isomedia plays a key role.
- 2005 — World Wide Packets is implements, standardizing quality performance.
- 2006 — René Ancinas of Port Blakely Companies, becomes the General Manager of HFN.
- 2007 — HFN hires Robert Black as General Manager.
- 2007 — Port Blakely Communities revises fee structure to create a financially viable future for HFN.
- 2007 — HFN contracts with Isomedia to deliver around-the-clock customer service and to assure high levels of performance and service.

### Isomedia implements new services for HFN:

HFN offers VOiP  
 HFN offers 1 GB speed service (1000 Mbps download speed, 100 Mbps upload)  
 Netflix Super HD streaming

2013 — Highlands Council engaged as future owner of HFN  
**October 4, 2013 — Highlands Council becomes the owner of HFN, Inc.**

See [www.HighlandsFiberNetwork.com](http://www.HighlandsFiberNetwork.com)  
 for high-speed internet services up to 1,000 Mbps



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## VOLUNTEER OF THE MONTH: HFN ACQUISITION COMMITTEE

### HFN Acquisition Committee Volunteer of the Month – November 2013

by Larry Norton, President, Highlands Council Board of Trustee, Resident of Crofton Springs  
2013 has been a very busy year for the Highlands Council and its volunteers. In the March, April and May time frame, Highlands Council performed its Due Diligence for the transition of the Council from Port Blakely to our Issaquah Highlands community. One part of that work was the vetting of Highlands Fiber Network. A team of knowledgeable residents examined the administrative and financial workings of the network. The network's long-term viability was also considered. The result of their work was a recommendation to the Board of Trustees of Highlands Council to pursue the acquisition of HFN from Port Blakely as was allowed under the Covenant for Community of Issaquah Highlands. An ad hoc committee was formed lead by BOT President Larry Norton to explore and negotiate. This group has spent many hours and days with forecasts, budgets and financial details.

Charlie Herb and Tim Underwood are long time volunteers with the HFN advisory group. They've seen the network go through several transitions as it has slowly transformed from a slow and unreliable service into the fast and highly reliable service that it is today. Their familiarity with the past workings of the system was invaluable in the negotiation process. Tim runs a web site business out of a Blakely Hall office. When he's not working or volunteering, Tim enjoys mountain biking, climbing, and hiking. He and his wife live in the Sorrento neighborhood and are expecting their first baby soon.

Charlie moved to the Issaquah Highlands in July of 2003. He, his wife Lisa and their three children (soon to be four). Charlie works for Microsoft. He soon joined the HFN Advisory Group. When the opportunity to participate in the HFN transition process came along, he volunteered. He wanted to ensure the committee had someone who had been through the long history and could provide the necessary background. His contribution to the evaluation and negotiations for the network were indispensable.

Tim and Charlie were joined by Allen Enebo, a Global Marketing Manager at Space Labs. He has lived in Issaquah for 13 years and the Highlands for the last 7 with his wife, Michelle, and their 3 daughters, Jill (14), Ellie (12) and Kate (9). When Allen had the opportunity to help review the value of the Network for the Highlands Council transition, "I could not pass it up". Bringing different perspectives, the team worked well together. The goal was to be cautious and prudent while negotiating for this special asset of the community. The commitment of volunteering for this project required many hours, many meetings and a lot of number crunching. Their work will leave a lasting legacy for the Issaquah Highlands community.



Left to Right: Larry Norton, Allen Enebo and, Tim Underwood. (Not pictured: Charlie Herb)

See also: "Fiber to the Home, Community Owned" Page 10-11.

## MOVIE REVIEW: PAUL SLATER

### The Wizard of Oz Turns 75

by Paul Slater, Crofton Springs



In 1996, strolling through a mall in Dallas, I saw an elderly gentleman in a bookshop, waiting for people to show up. I didn't know his name, and I could never have picked him out in a crowd, but somehow, instantly I knew him. I walked in to confirm my initial thoughts, and sure enough, right in front of me, positively, absolutely, undeniably, and reliably, was a Munchkin.

His name was Mickey Carroll, and he was there to publicize a book called The Munchkins of Oz. I bought the book (and you can too; it's still in print). Mickey signed it for me, but our conversation didn't end there. As folks drifted in with curiosity, I sat with Mickey for nearly an hour and he delighted in telling me stories. Stories about

him, the rest of the Munchkins, and Judy Garland (who he went to school with at the MGM studios and who he stayed in touch with for the rest of her tragically too short life). This 77-year-old gentleman enthralled me that day, and as I drifted back to my hotel, I felt more closely connected than ever to The Wizard of Oz.

The Wizard of Oz has returned to our movie theaters this year for its 75th Anniversary, looking prettier than ever and of course there is a rereleased Blu-Ray edition. Most likely the film will be back in theaters again in another 25 years - it has proved far more resilient than those wicked witches, who could be destroyed just by a nasty bit of weather and a bucket of water. Yet, as Mickey described to me on that day in '96, and as I've confirmed later since, this classic could so nearly have been a disaster.

Let's start with the script. If you have read The Wonderful Wizard of Oz, by L. Frank Baum, you will know many of the differences. Oz was real, not a dream Dorothy's. The red shoes? Silver slippers in the book. Glinda, the good witch of the North, actually an elderly short lady. In total there are about 40 separate differences between the book and the film, probably resulting

from the fact that the studio really had no idea what type of film it wanted to make. Writer after writer tried his hand at the script, before the studio settled on a combination of three treatments.

Casting was similarly ad hoc. Dorothy could have easily been Deanna Durbin or Shirley Temple. Ray Bolger (the scarecrow) was originally the tin man before he swapped places with Buddy Ebsen. Then Buddy Ebsen wound up hospitalized and off the film entirely, due to a severe reaction to his makeup (he was replaced by Jack Haley).

Even the director's chair was more of a revolving door. Four directors in total worked on the picture, with Victor Fleming replacing George Cukor to get final credit (remarkably he then immediately went on to do the same thing on his next picture - Gone with the Wind).

Yet, somehow, out of all this came the film we know and love. Most of us understand in our hearts what makes The Wizard of Oz a great film. The beautiful sepia bookends, a 16 year old Judy Garland's achingly tender vocal on "Somewhere over the Rainbow", and the glorious switch to Technicolor, all the more remarkable when you remind yourself that the film was released in 1939. Oh, and don't forget those flying monkeys that still scare me today even though I'm closer to my AARP membership than kindergarten. Yes, all these do make The Wizard of Oz wonderful, but underneath it all, at its heart is such a simple message - that happiness can be just around the corner, if only you know how to find it.

Note: If you want to check out the original book - The Wonderful Wizard of Oz by L. Frank Baum, you might enjoy the recent audio book treatment. Anne Hathaway narrates, and does a terrific job of voicing the many characters, including several who never show up in the film.



## CLUB PROFILE: ISSAQUAH HIGHLANDS WINE CLUB

### Issaquah Highlands Wine Club

**When did the club start?**  
2006

**Who is the leader and how do you reach her?**  
Dianne Brisbine  
danielsondd@yahoo.com

**When and where do you meet?**  
Every 2nd Friday at Blakely Hall at 7pm

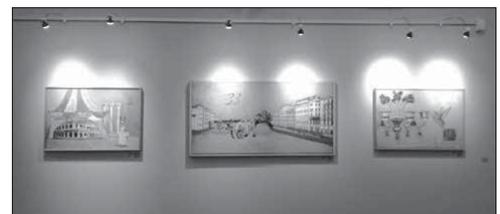
**Approximately how many attend monthly?**  
12 to 20 each month

**What is the demographic of members?**  
Age range is generally 30 and above

**What should a first-timer know about attending a monthly club meeting?**  
You don't have to be a wine expert, just someone that wants to learn more about wine while meeting neighbors.

Each month Dianne plans a special evening, often with a guest speaker. The usual routine involves members bringing a dish and a bottle of wine, unless a guest winery provides the wine.

For the November 8th meeting, the wine club hosts artist Julie



Rackley whose art currently hangs in Blakely Hall. Julie will share her Italian Dreams art show while members enjoy Italian wine!  
rsvp: danielsondd@yahoo.com

## NEWS FROM THE CITY OF ISSAQUAH

### Share Your Input: Potential Tolling on Interstate 90



Share your input as the Washington State Department of Transportation (WSDOT) seeks public comment and holds open houses to discuss potential tolling on Interstate 90.

WSDOT is holding a public scoping comment period until November 6th concerning potential tolling and alternatives on I-90.

Visit the project website at [wsdot.wa.gov/Projects/I90](http://wsdot.wa.gov/Projects/I90) for more information, and to learn how to have your comment included in the official record.

### Lights, Camera, Issaquah! Free Film Series Returns

See classic films at City Hall as our Second Saturday Film Series returns!

The next free film, which is presented with support from the City of Issaquah Arts Commission and 4Culture, will be shown November 9th in a new location — the Eagle Room at City Hall, 130 E. Sunset Way. The screening of “Rebecca of Sunnybrook Farm” starts at 7 p.m.

Shirley Temple is a young radio entertainer in this 1938 film inspired by Kate Wiggin’s classic novel. Temple plays the “self-reliant” Rebecca Winstead, a precocious pixie who wins the audition to become Crackling Grain Flakes “Little Miss America” for a new radio broadcast. Fame is fleeting, when she moves to Sunnybrook Farm to live with Aunt Miranda (Helen Westley), an overbearing curmudgeon who absolutely forbids any involvement in show business.

### Roadmap for Our Future: 2014 Budget Schedule



We’re planning for our community’s future.

Mayor Ava Frisinger presented the preliminary 2014 City budget to the Issaquah City Council earlier this month. The council is now deliberating before adopting a final budget in late November or early December.

“Our vision of a sustainable Issaquah – complete with a thriving natural environment, strong economic base and excellent quality of life for our citizens – is something we will continuously strive for, year after year, decade after decade,” Frisinger said.

For details on the Mayor’s proposed budget, go to [issaquahwa.gov](http://issaquahwa.gov). Use #issbudget to ask questions and follow the budget process on social media.

### Map Your Neighborhood Party! Know Your Neighbors and Prepare for a Disaster

#### What is Map Your Neighborhood?

Map Your Neighborhood (MYN) is a program offered through the Issaquah Citizen Corps Council and the City of Issaquah that helps Issaquah neighborhoods prepare for disasters.

When a disaster hits, first responders will not be able to help everyone – and that’s where your neighbors can help!

Knowing what to do in the first 60 minutes following the disaster – called the “Golden Hour” – can help save lives, reduce the severity of injuries and minimize the amount of damage that you, your family and neighbors sustain.

**Map Your Neighborhood Information Session**

**Blakely Hall**  
**November 2, 2013**  
**10:30am to 12:00pm**

#### How Does MYN Work?

Neighbors, usually about 15 to 25 households in your area get together for a neighborhood party where you:

- Get to know your neighbors!
- Learn the nine steps to follow immediately following a disaster.
- Identify the skills and equipment each neighbor has that could be useful in a disaster response.
- Create a neighborhood map that shows the locations of each natural gas meter and propane tank, as well as households that may need extra help.
- Pick locations for a neighborhood gathering site and neighborhood care center.

#### I’d Like to Host a MYN in my Neighborhood. What’s Next?

It’s easy! Issaquah Citizen Corp Council in cooperation with the City of Issaquah supports the MYN program by providing free trainers, who can come to your neighborhood party and facilitate a 90-minute training. As your neighborhood’s “organizer,” we ask that you organize the party, invite your neighbors and provide us with some post-training information. Attend the MYN informational session at Blakely Hall, Saturday, Nov. 2nd from 10:30 to 12:00.

If you have further questions or would like to browse through a step-by-step guide, go to the City of Issaquah’s Map Your Neighborhood website at <http://www.ci.issaquah.wa.us/index.aspx?NID=247> or contact Brenda Bramwell, the City of Issaquah’s emergency management coordinator at 425-837-3470

Even if you are one of the 400 households in Issaquah Highlands that have already participated in a MYN training , this may be time to organize a follow up meeting. Yearly refreshers or MYN drills are a great time to exercise your neighborhood’s plan, and train new neighbors at the same time.



### Beautiful Bakeshop

Beautiful Bakeshop is offering gourmet cookie icing classes at Blakely Hall for adults and kids.

To book call Kym Joles at 630-301-1950 or email her at [Kym.Joles@gmail.com](mailto:Kym.Joles@gmail.com).

See all her creations and find her on Facebook at Beautiful Bakeshop



*Ideal Protein*

**LOSE**  
**An Average**  
**of 3-7 LBS of**  
**Fat Per Week**  
**& KEEP IT OFF!**

*I can honestly say that I finally know how to eat healthy and not have to count points for the rest of my life and so for that I wanted to write you a quick note to say how thankful I am! This program has changed my life and makes me so happy! Thank you for offering this program at your clinic and more so for being such a helpful, motivating yet relaxed coach through this transformation - I could have never done this without you! Thank you, thank you, thank you!!*

Laura S., Nurse

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 Eliminated a need for Diabetes, High Blood Pressure, and Hormonal medication in many patients.  
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# SCHOOL SPOTLIGHT

## Clark Elementary



### Holiday Giving Tree: Starts November 26th

The season of giving is coming up and Clark Elementary PTSA has partnered up with the Issaquah Food Bank's Caring for Sharing annual event. Clark families will be able to select a tag from the Giving Tree located in the lobby. Donations should be unwrapped with the gift tag attached and delivered by the deadline date. Many Issaquah Food Bank families with children up to age 18 will have their holidays brightened due to the generosity of Clark families! Thanks Clark Sharks!

## Pacific Cascade Middle School



### Music Concert Season Begins for PCMS!

It is fall concert season for PCMS's music program, the PCMS band and orchestra will debut their first concerts of the year. These concerts provide an excellent way for parents and family members to witness their child's

musical skills, and to hear just how much these hard working students and teachers can accomplish in such a short period of time! PCMS students who need community service hours can even log the time they spend supporting fellow students as members of the audience. Come support our up and coming young musicians!

## Issaquah High School



### Angel Program Donation

School PTSA's are always striving to meet the needs of those less fortunate. The Angel program is a confidential behind-the-scenes PTSA program made possible by donations from the parents of IHS. This year-long program helps meet the needs of many

families who request gift cards and donations for essentials; even gently used clothing items/shoes/coats for those students who cannot afford school clothes are greatly appreciated. Winter season is coming up, and there are families that cannot afford the essential to keep their IHS student warm and dry. This is a simple way to help make a difference in a struggling family's life. Please bring any donations to the front office at IHS in a box marked "Angel". To find out more about this much needed program, please visit the IHS PTSA website.

NOVEMBER EVENTS

### Grand Ridge Elementary

11/1 Vision and Hearing Testing  
 11/11 No School-Veteran's Day  
 11/19 PTSA General Membership Meeting - 10:00am  
 11/28 - 11/29 No School-Thanksgiving

### Clark Elementary

11/8 Veteran's Day Assembly  
 11/11 No School-Veteran's Day  
 11/14 Reflections Reception  
 11/26 - 11/27 Holiday Giving Tree  
 11/28 - 11/29 No School-Thanksgiving

### Pacific Cascade Middle School

11/6 Orchestra Concert - 7:00pm  
 11/7 Band Concert  
 11/8 Last Day to Register for Winter Sports  
 11/11 No School-Veteran's Day  
 11/21 PTSA General Membership Meeting  
 11/28 - 11/29 No School-Thanksgiving

### Issaquah High School

11/2 Evergreen Season Premiere Concert IHS Theater - 7:00pm  
 11/7 All High School Fall Orchestra Concert IHS Theater - 7:00pm  
 11/11 No School-Veteran's Day  
 11/15 PTSA General Membership Meeting IHS Main Office  
 Conference Room - 9:30am  
 11/28 - 11/29 No School-Thanksgiving

## Attention Grand Ridge Families!

# Grand Ridge Book Swap!

**Wednesday, October 30th, 2013 • 6:30 - 8pm**

*Grand Ridge Elementary PTSA is now collecting gently-used books at the school for the event. Please check PTSA website for more details:  
<http://grandridgeptsa.org/Home>*

We're Still Not There

Despite recent gains in education funding, our district remains near the bottom of all Washington state school districts in per pupil funding.

What can you do to ensure our students get the dynamic education they deserve and the global marketplace demands?

Join Your Neighbors, Friends, and Many Local Businesses - Support Our Students!

## Issaquah School Foundations – All In For Kids Annual Fall Fund Campaign

### Issaquah Schools Foundation Funds

- Academic Enrichment Grants
- After-school homework labs which provide free tutoring
- PSAT scholarships
- Curriculum support throughout the district
- Highly Capable Program
- Special Needs Programs
- VOICE Mentoring
- Basic Student Needs Funding
- Career and Technical Education scholarships
- TEALS Program
- Financial Literacy
- Robotic Clubs
- Pre-K/K Summer School Program
- National Board Certification Scholarships for teachers
- CTE Scholarships

To learn more about ISF and how to donate, please visit – [issaquahschoolsfoundation.org](http://issaquahschoolsfoundation.org).

Is your child's behavioral issues affecting your life?

## Parent-Child Interaction Therapy (PCIT) may be the answer!

PCIT is an innovative, evidence-based parent coaching program proven to enhance parent-child relationships, improve child behavior and to empower parents to use effective, consistent parenting strategies.

Observing the parent-child interaction from a closed video system, the PCIT therapist coaches the parent through a wireless earpiece on how to handle behavioral issues immediately, at the moment they occur.

**PCIT is clinically proven to:**

- Restore parental confidence
- Solve child behavioral issues quickly and effectively
- Provide the skills necessary to achieve a loving and peaceful home

**PCIT is ideal for children 2-6 who:**

- Have temper tantrums
- Are defiant and/or aggressive
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- Engage in power struggles
- Disrupt daycare, school or home settings

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[kerry.beymer@encompassnw.org](mailto:kerry.beymer@encompassnw.org)  
[www.encompassnw.org](http://www.encompassnw.org)

**MAYORAL CANDIDATES SCHOOL BOARD CANDIDATES**

**Questions:**

1. What opportunities would you pursue for providing much needed neighborhood transportation in Issaquah Highlands?
2. How does increased density impact the City's services in Issaquah Highlands?
3. As Mayor, how would you support Issaquah Highlands and recognize it as a valued neighborhood in the city?
4. As Mayor, how would you support the outstanding Issaquah Highlands resident's requests for a mountain bike skills park, skate park and a swimming facility to be located at Central Park?
5. We welcome you add a personal message (up to 50 words) on the topic of your choice.



**Candidate Joe Forkner**

1. The timing is right for investigating any type of neighborhood transportation alternative available for commuters as well as those wanting to get to and from the retail center without having to drive their car. Alternatives need to be affordable and scalable so as use increases, service can increase.
2. The key to increased density is balance. As we move forward with the Central Issaquah Plan we need to do it with the entire city in mind and leverage whatever we can to provide for better services citywide as development occurs.

3. I have never been under the impression that Issaquah Highlands is not recognized as a valued neighborhood in the city. The City and other city organizations could better partner and support the Highlands by promoting Highlands events and businesses.
4. As Mayor, I would work closely with residents when planning improvements in the city to demonstrate to the Council the value of locating such facilities in the Highlands. Improving public transportation to the Highlands would also increase the ability to site such facilities for the entire city to access.



**Candidate Fred Butler**

1. I would seek public private partnerships for alternative transit such as a shuttle, small van or taxi service with the Highlands. I would request proposals from service providers for providing service within the Highlands then work with the community to design a system that meets their needs
2. Issaquah does not have separate Levels of Service for each of our many neighborhoods. While higher density neighborhoods can offer unique challenges in some service areas, it makes it easier in others. I support a high and equal LOS for the entire City and our citizens regardless of where they live.

3. I will treat the Issaquah Highlands as I treat other parts of the City while recognizing the unique characteristics and diversity of the Highlands. I will be accessible and available to participate in Highlands activities, events and to engage residents on issues of common interest through Community focus groups.
4. I will facilitate the effort to build the mountain bike skills park and Skate Park, location currently unspecified, budgeted in 2014. While repair of our existing pool is part to the proposed Park Bond, I support exploratory talks for a public private partnership that might lead to a new pool.
5. I have served on the Issaquah City Council for the past 14 years and am currently the Council President. I am running for Mayor to continue to make Issaquah a place where citizens feel good about where they live, work, play, learn and prosper. I would appreciate your vote. including the Issaquah Highlands.

**Don't Forget to Vote!**

The race for Mayor and Issaquah School Board District #4 need you to vote your choice.

*(Several members of the City Council are up for re-election, but they run uncontested.)*

See [www.King County.gov/Elections](http://www.King County.gov/Elections) for details.

Would you like to get involved? One great way to get started is to serve on one of the Issaquah's Boards or Commissions. Vacancies will be posted in January. For these, the process is like applying for a job: You provide the required documents; you may be chosen for an interview; the results of the interviews are reviewed by the Mayor, who then makes the final selections.

Find details at [www.issaquahwa.gov](http://www.issaquahwa.gov)

**Questions:**

1. How would you correct the current overcrowding of middle and high schools' buses serving Issaquah Highlands?
2. How will you manage the over-enrollment in Grand Ridge Elementary? What will be the consequences of hundreds more homes planned in Issaquah Highlands?
3. What is your opinion of security in Issaquah schools? Are they prepared to prevent and/or respond to threats of violence?
4. How should the school board work to prevent or reduce childhood obesity?
5. We welcome you add a personal message (up to 50 words) on the topic of your choice.



**Candidate Alison Meryweather**

1. Beginning of the year enrollment and transportation load balancing can be a challenge. The District rebalances routes in October. The Highlands area experiences larger bus stops as buses are unable to navigate certain streets. Additionally, there is a bus driver shortage which impacts route capacity that the District is addressing.

2. The current over enrollment has been resolved. Future growth will be directed to Clark which is a complete rebuild with expanded capacity. After experiencing multiple boundary shifts, my personal priority is promoting strong community values and keeping neighborhoods together whenever possible. The District makes every prudent effort in these situations.

3. The district is currently undergoing a comprehensive review of security/safety procedures. The District works closely with first responders to rapidly deal with threatening situations; responders routinely participate in school emergency drills. A priority for me is rapid and effective notification of parents in the event of a building emergency.
4. The quality of our children's physical health begins with consistent parental modeling at home and reinforcements of quality school programs on nutrition, health and physical education. The District food service requirements meet fundamental nutritional guidelines; however there is the opportunity to improve the nutritional quality of a la carte options.
5. Listening with an open mind and building relationships are the foundation to community engagement in supporting our schools. My decade of leadership and advocacy in PTSA, Volunteers for Issaquah Schools and Issaquah Schools Foundation has delivered the necessary resources to ensure our students and teachers have every opportunity to excel.



**Candidate Lisa Callan**

1. I will work with the board to review and recommend policy for both the Issaquah Highlands and the District supporting the safe and reasonable transport of our kids to and from school.

2. The Grand Ridge Elementary enrollment is being watched carefully by the district. Should overcrowding require another boundary change, I will support community involvement and transparency in the District's process. It is imperative that the School District be involved when changes to the IH Development Agreement are considered by the city and the developer.

3. The District has a demonstrated track record of doing the right thing when the safety of its students was in question. In today's climate evolving security concerns require constant scrutiny. The District formed a committee to assess the security of our schools. I will always ask if we are doing enough for our kid's safety.
4. The school board has established end learning goals for all students regarding life management. It is the board and district's goal that every child learns to live a healthy, satisfying, and productive life. Nutrition and exercise are part of that healthy lifestyle.
5. The Issaquah School Board's roll is to act as a link between the communities served by the Issaquah School District and those responsible for its operation. The Board establishes the mission, direction and governing policies by which the District operates. As a board member I will represent the values of the community, including the Issaquah Highlands.



**ISSAQUAH  
SCHOOL DISTRICT 411**

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# The Highlands

by Keagan Galbraith

I like living in the highlands for lots of reasons but I have three main reasons that make the Highlands great. It's friendly, convenient and safe. Even as a kid I can tell you why the Highlands is a great place to live.

The first reason is it's a friendly and inviting place to live. I remember my first day in the Highlands. I walked outside to ride my bike and all my neighbors were outside having a block party and making smores. Even though I only knew about three of them they still invited me over. They were all super nice.

The other reason I like living in the Highlands for is that everything is close and convenient. All of my sports practices are within walking or biking distance which is a huge relief. I go to Central Park almost every day to meet my friends and practice. There is an awesome movie theater, so we all have a great place for entertainment. The dog park is right up the street. Which reminds this is not only a great neighborhood for kids, but also dogs. Soon, there will be a grocery store. Lastly, my dad is able to take the bus into work from the Highlands Park n Ride. Everything you need is right here!

The third and final reason is that the Highland's is safe. There are lots of kids around. So that means there are also adults monitoring them, so there's very little room for danger. It's safe for all ages. People in this neighborhood like to be outside with their kids, walking their dogs or just getting exercise.

I'm glad my parents chose the Highlands. It is a great place to live it's friendly and convenient and also safe. So who wouldn't decide to live in the Highlands? I most certainly would!

# The Issaquah Highlands

by Katelyn Galbraith

The Issaquah Highlands is great place to live! I love living here for multiple reasons. There are so many wonderful neighbors who aren't only your neighbors, but become some of your closest friends. People of all ages can live here. There's a range from kids of all different ages, to elderly couples and everyone in between. I've never seen a group of people this different get along so well. There's also a great school called Grand Ridge in the neighborhood. It's very convenient and the teachers are great. Extra additions of various stores are in progress at the bottom of the neighborhood. Another reason I personally like living here is because there's just so much nature. This place is such a safe environment for your children, your prize possessions, your pets, and not to mention yourself.

One of my favorite things about living here is the neighbors. Whenever you need something from a cup of sugar to just borrowing a ladder someone's always there. When you first move in the people here are so welcoming. Everyone intends on stopping bye for a quick welcome. Some people even bring over a "we're really happy you're here" cake.

People are really excited about the new Grand Ridge Plaza. The new theater is already built and lots of new things are on the way! When it's all finished a couple stores everyone can enjoy include the Ram, Starbucks, and Dick's sporting goods.

I love living in the Highlands a lot. It's especially a great place for kids. I believe many kids who live here now will grow up and become very successful. We know many great things kids will do in the future depend on their childhood and the environment they live in today.



*\* These stories will be printed throughout the months in a multi-part series highlighting all of the wonderful entries from the EMA (Erik Mehr & Associates Real Estate) Summer Essay Contest.*

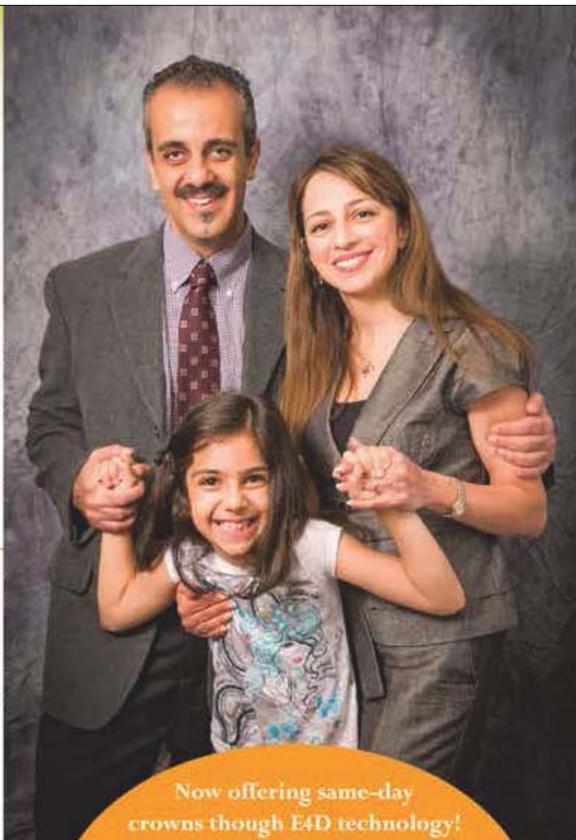


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DENTISTRY**

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Dr. Shadi Araghi Certified Pediatric Dentist

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# WHAT'S HAPPENING IN THE HIGHLANDS - NOVEMBER

## The Affordable Care Act and You A

Thursday, November 14th, 7pm  
Blakely Hall

The end of 2013 means the end of health insurance as you once knew it. Whether your employer provides your health insurance, or you purchase it individually, your policy will change in 2014. And this policy is defined in the ACA. If you don't purchase health insurance, you will pay a penalty. Issaquah Highlands residents Julia and Steve Cooke are insurance professionals who have made it their personal mission to help people understand what's going on with the ACA. No sales pitch – just information with the opportunity to ask questions

## artEAST Artist Presentation A

Julie Rackley  
Friday, November 8th, 7pm  
Blakely Hall

Julie Rackley will present "Examining Symbolism in the Visual Artist's Work" at the Wine Club November 8, 7pm meeting at Blakely Hall. It's free and open to all. Julie's work, featuring the series "Italian Dreams" shows at Blakely Hall through November. Contact Dianne Brisbane if you would like to attend: danielsondd@yahoo.com. See also "Wine Club".

## Author Talk: A T Renewal at the Place of Black Tears

Thursday, November 7th, 7pm - 8pm  
Blakely Hall

A multi-media presentation and book signing suitable for ages 5th grade and up. The "Black Tears" are the name the survivors of the USS Arizona first gave to the oil droplets bubbling up from the fuel tanks of their sunken ship as they remembered their 900 some shipmates forever entombed below. *Issaquah Highlands resident, bestselling author, and impressionist photographer, Jerry Kaufman* will share his interpretation of this up close look at the Black Tears. He will tell the Pearl Harbor story of the decades since the battle with moving words from yesterday and vibrant pictures from today, blended through the healing "lens" renewal' and reconciliation.

## Book Club A

Do you enjoy reading AND sharing with friends? The book club is a great place to meet neighbors and explore a variety of books. We take turns hosting—all opinions are welcome! Please bring a snack to share. Dates sometimes change, so be sure to email lindsey8@gmail.com to get on the distribution list.

## Chanukah Celebration A T F

Saturday, November 30th, 7pm  
Blakely Hall

Chabad of the Cascades hosts its Grand Chanukah Community Celebration this year on the 4th night of Chanukah. All are welcome. Event is free. Donations are welcome. See poster page 21 and chabadissaquah.com for details.

## Chinese Heritage Club A T F

Saturday, November 23rd, 7:30pm  
Blakely Hall

Contact Hailain (lian\_lhl@hotmail.com) or  
425-633-0242

This club promotes and preserves Chinese cultural heritage awareness among the next generation for many local families. We welcome everyone interested in a neighborhood celebration for many traditional Chinese/American festivals right at Issaquah Highlands. This is the last meeting in 2013.

## Community Garden Committee A

Monday, November 18th, 7:30-8:30pm  
Blakely Hall

The Community Garden Committee meets on the third Mondays and helps Highlands Council manage Issaquah Highlands community gardens. Members provide a forum to support all gardeners in the community. You don't have to have a plot in the community garden to join! Container pots gardeners and yard landscapers welcome! Contact Chantal at Garden.Committee@ihmail.com

## Computer Classes A

YWCA Family Village

Classes will be offered again at the Family Village. All classes are free. Please contact Sondia at slind@ywcaworks.org or 425-270-6907 for class schedule

## Cub Scout Issaquah Highlands Pack 680 F

Come join Cub Scouts – A year round values-based program for boys grades 1-5 and is considered one of the premier organizations that help youth build character and prepares them for adulthood. Scouting is learning by discovery and discovery by doing. It's fun, friends, and family where skills are learned, confidence is built, and stories are born. For more information or if you would like to join Cub Scouts, please contact Pack 680 via email at scoutpack680@gmail.com or join us at our next meeting.

## Day of the Dead Celebration A T F

Saturday, November 2nd, 5pm  
Blakely Hall

Watch for details in the Community E-Letter. Sign up for the E-Letter at [www.ihwebsite.com](http://www.ihwebsite.com)

## ESL Classes A

English as a Second Language - FREE

YWCA Family Village

Renton Technical College ESL classes resume at The YWCA Family Village. Classes are offered by certified ESL Instructors. Please contact Andi Wolff at awolff@rtc.edu (425) 235-2352 (ext. 2117) to register. You may also contact Jodi Novotny, RTC Dean of Basic Studies, at jnovotny@rtc.edu, for more information.

## Highlands Running Club A T

The Highlands Running Group is a community for Runners who share in the passion of group runs! Weather permitting, we will typically meet up in front of the tennis courts at Central Park on Saturdays at 7:30 am. If you are interested in joining us or have questions, please contact Joey, jbc224@cornell.edu, so he can add you to the distribution list.

## Map Your Neighborhood and Red Cross Presentation A T

Saturday, November 2nd, 10:30am to 12:00pm  
Blakely Hall

Also see page 13

This Map Your Neighborhood (MYN) informational gathering will help you help your own neighborhood prepare for disasters. At this event you will learn how to hold your own MYN event where 15-25 households get together for a party to: get acquainted; learn how to respond to disasters; identify skills in your neighborhood useful in a disaster; create a map of utility shut-offs; learn where they are, etc. Even if you have already participated in a MYN training, this is a good time to organize a follow-up meeting, to exercise your neighborhood's plan and train new neighbors at the same time. Red Cross experts will also be attending to provide a presentation on "family preparedness".

## MONEY SMART CLASSES - Free A

Wednesdays, 6 - 8pm

Family Village

Wednesdays 6:00-8:00pm October 9 – November 13 (Limited Class Size) Sign up by contacting Mathew Lane at 425.250.3003 or mlane@hope-link.org

## Mothers of Preschoolers (MOPS) F

1st and 3rd Monday Mornings 9:30 - 11:30am  
Blakely Hall

We'd love for you to join in the fun. We meet twice monthly on Monday mornings through June at Blakely Hall, 9:30am – 11:30am, and include quality, positive programming just for moms. We have professional speakers, fun events, and opportunities to connect with friends and meet new people. We make sure your little ones have an amazing time as well with dedicated, age-specific programming for your kids. PROGRAM COST: \$150 for the 2013-2014 school year, including childcare and membership to MOPS International. Sponsored by Timberlake Church. To register, visit [www.timberlakechurch.com/mops](http://www.timberlakechurch.com/mops)

## Mountain Bike Club A T F

The Issaquah Highlands Mountain Bike Club is a free club, open to all skill levels and welcomes Issaquah Highlands residents to improve mountain bike skills, fitness, and to have some fun! We'll schedule rides with descriptions of the places we ride, difficulty level, and approximate mileage. See you out on the trails! Contact Marc for more information: 425-837-8367 or msteins@msn.com or Find "Issaquah Highlands Mountain Bike Club" on Facebook

## COMMUNITY MEETINGS

IHCA Architectural Review Committee  
Tuesday, 11/5, 6:00 pm IHCA Office

IHCA Finance Committee Meeting  
Tuesday, 11/12, 5:30 pm IHCA Office

HFN Advisory Group  
Wednesday, 11/13, 7:00 pm IHCA Office

IHCA Board of Directors Meeting  
Wednesday, 11/20, 5:30 pm IHCA Office

Communication Committee  
Thursday, 11/21, 10:00 am Blakely Hall

Sorrento Board Meeting  
Monday, 11/25, 6:30 pm Blakely Hall

Blakely Hall Closed 11/28 & 11/29

Meetings are subject to change.  
Visit [www.ihwebsite.com](http://www.ihwebsite.com) for calendar updates or sign up for your weekly email bulletins at [ihwebsite.com](http://ihwebsite.com)

For City of Issaquah governance meetings, see [www.ci.issaquah.wa.us](http://www.ci.issaquah.wa.us)

### Want to Start a Club?

Contact:

Christy Garrard, Director/Special Event Planner

[christy.g@ihcouncil.org](mailto:christy.g@ihcouncil.org), 425-507-1107

Are you getting the  
Community E-Letter on  
Thursdays?

Sign up at [ihwebsite.com](http://ihwebsite.com)

# WHAT'S HAPPENING IN THE HIGHLANDS - NOVEMBER

## Open Mic Night A T

First Friday, November 1st, 7:30 – 9:30pm  
Blakely Hall

Open to all Acoustic instruments, singer-songwriters, acapella vocalists, pianists, poets, and Stand-up comedians – This is your chance to have fun, shine, and meet other artists. Sign-up at 7pm for a slot. First come, first served. Set lengths are limited to 15 minutes or three songs. For more information contact Cindy at [zumbawithcindy@gmail.com](mailto:zumbawithcindy@gmail.com)

## Photography Club A T

Saturday, November 16th 10:30 - 11:30am  
Blakely Hall

Enjoy monthly meetings with guest speakers, share and discuss your work with others, and participate in an online community throughout the month. Open to everyone, even if you don't live in the Issaquah Highlands. IHPC will focus on creating opportunities for members to display their work. See the Flickr Group (<http://www.flickr.com/groups/ihphotoclub/>) and contact the group's coordinators to join the club. Scott Moffat and Ravi Naqvi at [ihpc@outlook.com](mailto:ihpc@outlook.com)

## Playgroup F

Wednesdays, 10:00 - 11:00am  
Blakely Hall

Moms, dads, caregivers and their children (newborn - 4 years old) are invited to come to the Issaquah Highlands Playgroup for fun, friendship, support and socializing. We talk, laugh, sing, play, read stories and blow bubbles! We hope to see you there! Information, contact Alicia alispinner@yahoo.com and see [www.issaquahhighlandisplaygroup.blogspot.com](http://www.issaquahhighlandisplaygroup.blogspot.com). We are also on Facebook! [www.facebook.com/IssaquahHighlands.coopplaygroup](http://www.facebook.com/IssaquahHighlands.coopplaygroup)

## Poker Night A

Thursday, November 21st, 7:00pm  
Blakely Hall

Love watching the World Series of Poker on TV? Want to win a chance to go to Vegas and play on TV against the world's best players? Join us the last Thursday of each month for a \$20 buy-in, No-limit Texas Hold 'em tournament! If you are a novice wanting to network or a salty vet looking for some steep competition you'll love our monthly club!  
More info [kyledeanreynolds@gmail.com](mailto:kyledeanreynolds@gmail.com).

Programming is appropriate for the following groups.

- A Adults
- T Teenagers
- P Parents/Guardians
- F Fun for the whole family

## The Rovin' Fiddlers A

Every Other Tuesday, 7:00 - 9:00pm  
Issaquah Highlands Fire Station

Our musical group is made up of primarily fiddle players of varying backgrounds and abilities, all working toward the goal of learning Irish and other Celtic tunes, along with occasional Old Timer and Quebecois tunes. Informal. We share and learn a new tune every other week and then practice our old material in a jam session. Other welcome instruments for accompaniment are guitar (chords available for most tunes), drum, flute or whistle. We attempt to learn the new tunes by ear in a traditional manner, however, sheet music is usually also provided.  
Interested? Email Ken at [ken\\_w\\_neville@yahoo.com](mailto:ken_w_neville@yahoo.com)

## Russian Highlanders A T F

Meets montly (See Facebook page for updates)

Russian Highlanders is a club for those who live here, just moved in or planning to move to our beautiful community. Meet other Russian-speakers in your community for friendship! Gather with others who share the same goals and interests as you. Join Russian Highlanders Facebook page to see what activities are planned -- dining out, movies, kid play dates or just go out to have a fun. The possibilities are endless... <http://www.facebook.com/groups/rusishigh/> Please follow the FB page for schedule changes or location of meetings.

## Shop Small Saturday A T F

Saturday, November 30th, 12pm - 8pm

Leave the car at home or just park once! For your Shop Small afternoon shopping convenience and fun, hop on the free trolley to get from one shopping destination in Issaquah to another easily and hassle free. Two stops will be in Grand Ridge Plaza. Expect great shopping deals and entertainment at all locations. Sponsored by Highlands Council, the Downtown Issaquah Association and Gilman Village Association.

## Speaking Club F

Ages 8 and older

YWCA Issaquah Family Village

Let your voices be strong and mighty! Join other youth, adults and profession mentors and learn the importance of developing solid communication skills. Drop ins are welcome or register ahead with David Hall, Program Lead at [YWCAIYP@gmail.com](mailto:YWCAIYP@gmail.com) or 425.427.9682

## Tennis Group - Ladies Meet Up A

Hi Moms! We have a new IH ladies tennis group and tomorrow is the first meetup at the Central Park courts at 10 am (barring rain). It's a non-competitive group so all levels are welcome - even if you haven't played in a while and are feeling a bit rusty. Meet and connect with other IH women tennis players and come to have fun and stay or get fit! We'll be playing on Thursdays and Saturdays at 10 am at Central Park when the weather is dry. We also have a Facebook group page - Please join us there too!  
<https://www.facebook.com/groups/570656519667143/>.

## Toastmasters Club A

Wednesdays, 7:00-8:00am  
Swedish Medical Center Conference Center (second Floor)

Do you get nervous before a speech? Does your heart pound? Does your stomach turn to knots? Do you wonder how other speakers deliver speeches so effortlessly? Well help is along the way! To find out more visit the club website at <http://ihtm.freetoasthost.cc/> or contact George Barns at 425-516-3750.

## Wine Club A

Friday, November 8th, 7:00pm  
Blakely Hall

Come out and meet your fellow wine lovers in the Highlands! Are you a wine enthusiast, connoisseur, or just a fan? We usually get together the second Friday of each month to discuss and enjoy wine. If interested please send an email to Dianne at [danielsondd@yahoo.com](mailto:danielsondd@yahoo.com) to RSVP. Meeting is potluck. This month the Wine Club welcomes Julia Christensen Rackley to talk about her art show at Blakely Hall, Italian Dreams.

## Zumba Class A T

Tuesdays (7:00pm) & Saturdays (9:00am)  
Blakely Hall

Get Ready - Get Fit - Go! Ditch the workout and join the fitness party at Blakely Hall! Zumba Fitness is the Latin and world rhythm and dance based fitness party that will change the way you think about working out. Grab your workout clothes, your water bottle, and join the party! Free class but please bring a non-perishable food item to donate to the food bank! For additional information, email (Cindy) at [zumbawithcindy@gmail.com](mailto:zumbawithcindy@gmail.com)

### YWCA Family Village

YWCA Family Village has meeting & event space. Contact Sondi at [slind@ywcaworks.org](mailto:slind@ywcaworks.org) or 425-270-6807

### Issaquah Highlands Babysitter List

The current list of neighborhood babysitters is available at [www.ihwebsite.com](http://www.ihwebsite.com). The list can be found under the Resource/Document Center tab. If you have any questions, contact Vyvian at [Vyvian.L@ihcouncil.org](mailto:Vyvian.L@ihcouncil.org).

## CALENDAR

### SAVE THE DATES

**Highlands Holiday Music Recital**  
Sunday, December 1 (see pg. 20)

**Celtic Christmas Concert**  
Sunday, December 8 (see pg. 20)

### HOLIDAYS

**Halloween**  
Thursday, October 31

**All Saints' Day**  
Friday, November 1 - Christian

**All Souls' Day**  
Saturday, November 2

**Daylight Saving Time ends  
Clock change**  
Sunday, November 3

**Diwali/Deepavali**  
Sunday, November 3

**Muharram**  
Tuesday, November 5

**Veterans Day**  
Monday, November 11

**Thanksgiving Day**  
Thursday, November 28

**Chanukah/Hanukkah**  
Thursday, November 27



*Issaquah Highlands*  
**HOLIDAY RECITAL**  
*Youthful sounds of the Holiday Season*  
 December 1st, 2013  
 4pm - 6:30pm

**Blakely Hall**  
 2550 NE Park Drive, Issaquah, WA 98029  
 Application Deadline Nov 15th  
 VISIT <http://tinyurl.com/IHHolidayRecital>

All proceeds benefit the Issaquah Highlands Youth Board

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## Youthful Sounds of the Holiday Season!

Join us for the  
**Highlands Youth Music Recital!**

*Sunday, December 1st*  
*4:00 - 6:00pm*  
*Blakely Hall*

**If you play an instrument, sing, or just appreciate youthful music, we would love to have you join us on this special evening!**

**Performance application fee is \$10 and all proceeds benefit the Issaquah Highlands Youth Board. (Scholarships are available)**

*Questions?*  
*Contact Joy at 206-372-1661 or*  
*Brianna at 425.507.1107*

*Application Deadline is November 15th.*

*See [www.tinyURL.com/IHHolidayRecital](http://www.tinyURL.com/IHHolidayRecital) for application and information*

## HIGHLANDS COMMUNITY CONCERT

# celtic christmas

BLAKELY HALL  
SUNDAY, DECEMBER 8, 5:00PM



## The Fire Inside

Traditional Christmas favorites with an Irish lilt!

BH

# GRAND CHANUKAH COMMUNITY CELEBRATION

The 4th Night of Chanukah

**SATURDAY, NOV. 30, 2013 • 6:30PM**

.....  
AT BLAKELY HALL IN THE ISSAQUAH HIGHLANDS  
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# LIVING GREEN

## Indoor Herb Gardening

by Shelly Hawkins, Crofton Springs, Community Garden Committee

The first frost date in Issaquah typically occurs some time in November. After that, you'll only be able to harvest the bounty of your winter garden's vegetables (see the September issue of Connections). A fun way to extend your menu of home-grown edibles over the winter is to grow culinary herbs indoors under lights. Suitable culinary herbs for indoor gardening include:



- Annuals (single year): basil (sweet)
- Biennials (mature the second year): parsley
- Perennials (multiple years): bay laurel, chives, marjoram, mint, oregano, rosemary, sage, savory (winter), tarragon, and thyme

The more tender perennials, such as tarragon and rosemary, often don't survive our winters. So if you haven't done so already, November is a good time to dig them out of your garden and bring them indoors. If your perennial herb is too big, you can try to take a stem or a root cutting. For more information, see How to Take Herb Cuttings: (<http://www.herbsociety.org/resources/t4k/how-to-take-herb-cuttings.html>).

You can also dig up a section of your chives, mint, oregano, and thyme; and plant them indoors. Although last summer's annuals are done for the season, if you have any leftover seeds, you can plant the seeds for your indoor herb garden.

### Plant Lights

Gardeners in sunnier areas than the Pacific Northwest can successfully grow herbs indoors by placing them next to a sunny window. Gardeners in Issaquah require specially designed plant lights that mimic natural daylight. There are a variety of options available, including high pressure sodium, metal halide (MH), high-intensity discharge HID, high-intensity fluorescent plant grow lights, and fluorescent plant lights. The last two are easier on the eyes and a good choice if you plan to spend any time in the same room as your herbs. For more information, see Plant Grow Lights: Which Kind to Choose: (<http://www.bhg.com/gardening/houseplants/care/choosing-plant-grow-lights/>)

**Containers** Choose plant containers with good drainage holes on the bottom and verify that they don't contain toxic chemicals. UV-stabilized polypropylene is a good choice.

**Soil** Container herbs are best grown in a prepackaged, soil-less planting mix; which is free of disease organisms, slug and cutworm eggs, and is pH balanced (acidity level).

### Fertilizer

At planting time, add an organic granular fertilizer designed for vegetables to the soil mixture. Then add additional fertilizer throughout the growing season—either a liquid fertilizer or scratch a granular variety into the top layer of the soil and water well. To avoid over- or under-fertilizing, follow the instructions on the label.

### Watering

Check the moisture of the soil daily. If it's dry to the touch or your herbs look parched, add water until it starts seeping out the holes on the bottom of the pot.

### Insects and Disease

Inspect your plants regularly for insect damage and disease, especially if you've transplanted your herbs from outdoors. Many insect pests can be controlled manually by picking them off or using a strong spray of water. The best way to avoid disease is to plant disease-resistant varieties.

## Do What's Right With What's Left

by Cassie Schoeneman, CleanScapes Associate

We all have random remnants from a previous life tucked away in a closet or shoved into the garage. Maybe it's your daughter's old dollhouse or your son's Lego set that was only used once. Or maybe it's a nice tablecloth that never made it to Thanksgiving dinner. While these items may represent sweet memories - sometimes it is just not practical to keep more Stuff around the house - especially around the holidays when we are buying and receiving even more things.

Then the question becomes: what do you do with your gently used items? How do you easily sell them? And, how can you recoup some of what you originally spent, without wasting too much time?

There are several different buy/sell websites and services out there to help you get something from your gently used items, or find that perfect gift:

- **Etsy:** A trusted site where people can sell artisan crafts for those who are looking for handmade items. Also they have a great selection on recycled/upcycled and refurbished/vintage items.
- **SwopBoard:** The newest online marketplace that puts the items you have to sell directly in your school's community, your neighborhood, and your city. You can buy and sell items in a focused, trusted group of people, with a portion of each transaction going directly to a school of your choice on your behalf.
- **Poshmark** is structured much like Pinterest, but where women can buy and sell their gently used items online to others who are shopping.
- **Craigslist:** A worldwide website that links local people to local products through classified ads. If there are items that you cannot sell on the site, or else where it ever hurts to try the "free" section.
- **Value Village** in Redmond, or **Goodwill** Bellevue and Renton are donation locations as well as full retail location to buy items that were donated locally - Goodwill proceeds go to training and education for Goodwill employees, and Value Village is for-profit.
- If you don't have the time to sell items yourself, there are several local consignment stores available. Here are a few stores in our area:
  - o Superior Seconds, a gently used sporting goods store.
  - o Small Threads which specialized in new and used baby and child items.
  - o Rewind in Issaquah as well as Between Friends in Bellevue both have great women's clothing items.
  - o Double Take is a fun and unique find of vintage items - might just find what you're looking for.
- The **CleanScapes** store is another great resource for getting rid of items that you might not need anymore. They take items such as computers, unusable textiles; see their full list at [cleanscapes.com/store](http://cleanscapes.com/store).

You can also discover many eco-friendly goods and unique gifts for everyone, and some are made locally from recycled materials.

During the holiday season, the last thing you need is to accumulate more Stuff, which is why many of us donate clothes or toys, or sell these gently used items. Try to choose the services that will benefit your community as well as having a positive impact on the overall take, make, and waste from buying new items.

Remember, the holiday season is about family, and there may be no better time to teach your children about the "magic" that can be created with small acts of kindness like donating and parting with items unneeded. Also, buying used helps you and this planet!

# Is it a hospital or a school? Yes.



Truth is, Swedish/Issaquah is a hospital — although it's a rather uncommon one. This hospital is designed to keep you well, not just care for you when you're sick. And one way we do that is by offering classes on a variety of health and wellness subjects. See for yourself. Then, hopefully, we'll see you at school.

## CANCER EDUCATION

### Look Good, Feel Better

This American Cancer Society class focuses on hair and skin care, cosmetics and making the best of hair loss.

**Swedish/Issaquah:** Monday, Dec. 16, 1-3 p.m.

## HEALTH AND WELL BEING

### Turn Back the Clock: Nonsurgical Options to Rejuvenate Your Face

Come learn about nonsurgical options to rejuvenate your face. Hear from a Swedish facial plastic surgeon who will discuss the effects of aging on your skin and face and how you can help turn back the clock.

**Swedish/Redmond:** Thursday, Nov. 7, 5:30-7 p.m.

## ORTHOPEDICS

### Joint Replacement: The Right Choice for You?

If you have arthritic joint pain and are considering joint replacement, you'll want to attend this important class. An orthopedic surgeon will discuss hip- and knee-replacement surgery and a question and answer session.

**Swedish/Redmond:** Wednesday, Nov. 6, 6-8 p.m.

**Swedish/First Hill:** Thursday, Nov. 14, or Dec. 5, 6-8 p.m.

**Swedish/Issaquah:** Thursday, Nov. 21, or Dec. 5, 6-8 p.m.

### Relief for Your Shoulder Pain

This class will present an overview of shoulder anatomy, common injuries to the shoulder (including sports injuries), how to prevent injury, and surgical and nonsurgical solutions to common injuries.

**Swedish/First Hill:** Thursday, Nov. 7, 6-8 p.m.

**Swedish/Issaquah:** Wednesday, Nov. 13, 6-8 p.m.

## CHILDBIRTH & PARENTING EDUCATION

Swedish offers a wide variety of classes and support to help you through pregnancy, childbirth and parenting. Classes are offered regularly. For more details visit [www.swedish.org/childbirthclasses](http://www.swedish.org/childbirthclasses) or call 206-215-3338.

### OB Speed Dating

If you're expecting or thinking about having a baby, we make it a little easier to find the right provider. Come to OB Speed Dating and you'll meet providers who deliver at Swedish/Issaquah and get to know them in a fun, low-key environment in one-on-one interviews. Visit [www.swedish.org/obspeeddating](http://www.swedish.org/obspeeddating) to learn more and sign up.

**Swedish/Issaquah:** Tuesday, Nov. 5

### Hop to Signaroo® Baby Sign Language Classes

Hearing families can use American Sign Language to communicate with hearing babies as young as 5 months old. Four sessions. Fee: \$128 plus required \$19 materials fee (scholarships available on a limited basis; enrollment is for one or both parents of the same baby, or one parent and a grandparent).

**Swedish/Redmond:** Saturdays Nov. 16-Dec. 14, 10:30-11:30 a.m.

## SAFETY AND INJURY PREVENTION

### AARP Driver Safety Program

Helpful tips for motorist ages 50 and older to improve their driving skills. Fee: \$12 for AARP members, \$14 for non-members.

**Swedish/Issaquah:** Saturday, Nov. 23, 9 a.m.-5 p.m.

### Heartsaver CPR and AED

Learn how to save a life using proper automated external defibrillator (AED) and CPR techniques for adults, children and infants. Participant certifications are valid for two years. Fee: \$40.

**Swedish/Issaquah:** Wednesday, Dec. 11, 6-9 p.m.

## WEIGHT-LOSS EDUCATION

Are you having difficulty losing weight and keeping it off? Swedish Weight Loss Services offers a multidisciplinary program that has helped thousands of people achieve healthy, long-term weight loss. Attend a surgical or nonsurgical weight loss seminar. Register at [www.swedishweightloss.com/seminars](http://www.swedishweightloss.com/seminars) or call 425-658-5264.

**Swedish/Issaquah:** Tuesday, Nov. 26, Dec. 17; or Thursday, Dec. 12, 6-8 p.m.

## WOMEN'S HEALTH

### How to Get Rid of That Pain in the Rear

Pelvic pain can interfere with everyday life, exercise and intimacy. Learn the causes and easy interventions to get your bottom back on track! This class is perfect for women recovering from surgery, athletes, and anyone carrying around a pain in their bottom needing relief. This class is led by a women's health physician and physical therapist.

**Swedish/Issaquah:** Wednesday, Dec. 4, 6-8 p.m.

## A NIGHT OUT AT SWEDISH: FALL ARTS SHOWCASE

Swedish/Issaquah invites you to a free community event featuring a concert by the Sammamish Symphony, docent-led and self-guided art tours of the hospital's art collection, wine tasting and a shopping event at The Shops at Swedish.

**Swedish/Issaquah:** Thursday, Nov. 7, 6-8 p.m.



Issaquah

A nonprofit organization

Registration is required for all classes. To register and see additional classes, visit [swedish.org/classes](http://swedish.org/classes) or call 206-386-2502. Unless noted, all classes are held at Swedish/Issaquah: 751 N.E. Blakely Dr., Off I-90 at Exit 18

**FITNESS & HEALTH**

**Cyclocross Recovery**

by Erick K. Harada, DPT, Highlands Physical Therapy

Now that you have completed the Highlands Green Halloween 5k Run/Walk, you must be looking for more outdoor activities before the snow begins to fall. Cyclocross is the new sport for those who aren't ready to store their road bike, but itching to hit the trails and mud. I can think of a multitude of injuries that come with riding a 35mm wide tire without suspension over wet roots and loose rock, but I have narrowed the list down to provide you with some preventative core strengthening exercises.

**Abdominal Roll-out**

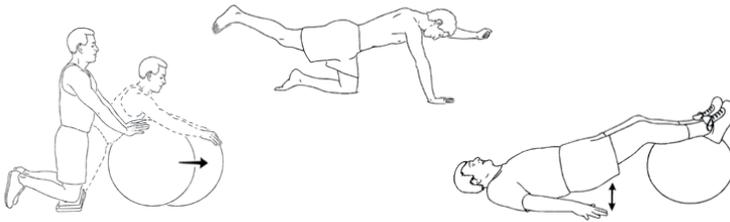
1. With hands on ball and back straight, begin to roll forward, progressively tensing abdominals.
2. Hinge on your knees while preventing low back hyperextension and breathing out. Roll back to start position.
3. Perform 10 repetitions, 2 sets.

**Quadruped Opposite Arm-Leg Lift**

1. Tighten stomach and raise right leg and opposite arm.
2. Do not hyperextend your low back or sway your hips. Imagine a tray of glasses across your low back. (Do not tip over!)
3. Perform 15 repetitions per side, 2 sets.

**Bridging on Physioball**

1. Lie on back, calves/heels on ball. Tighten your stomach as you slowly raise and lower your buttocks.
2. Lift until your heels, hips, and shoulders are in a straight line.
3. Perform 15 repetitions, 2 sets.



Try performing these exercises 3-4x/week. Remember, only perform exercises to your ability. If at any point these exercises cause discomfort, take a break. If the pain persists longer than 24 hours or you have questions, contact your local physical therapist. Have fun!



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# ASK KARI

Dear Kari,  
 My mother-in-law always asks to speak with my husband when she calls our home. She asks to make plans with our family, keeping me out of the conversation, which is frustrating since I keep the family calendar. My husband has asked her to just speak with me, but she never does. I am so tired of her games! What should I do?  
 - **Frustrated Daughter-in-Law**

Dear Frustrated Daughter-in-Law,  
*It seems that your mother-in-law is attempting to bypass you in order to demonstrate that she still has a bond with her son. It could be a power move, as she may feel threatened by your husband's relationship with you. I am glad to hear that your husband attempts to defuse the situation by asking her to just speak with you directly when she calls versus only talking to him about family gatherings. I suggest that you recognize that it may be hard for her to accept that her son has moved into an adult relationship in which he is happy, leaving her behind with the memories of how she used to be the leading lady in his life. While it would be considered normal for children to leave their families of origin and move on to start families of their own, sometimes doing so is much harder for parents to accept than one would wish. When she calls, be polite and warm, asking her how she is doing. Hopefully with repeated nice encounters she will realize that you love her son just like she does. New growth in your relationship can begin.*  
 - Kari

Dear Kari,  
 My 21 year-old college son wants to have his girlfriend sleep over at our home when they visit for the holidays. I am happy to have her stay with us, but I do not feel that they should sleep in the same bedroom. My husband disagrees; he feels that our son is an adult and sleeping with his girlfriend is acceptable. This is causing a lot of strife in our family, please help.  
 - **A Proper Mother**

Dear A Proper Mother,  
*I am in agreement with you; your son should not share a bedroom with his college girlfriend when they visit you during holidays. While I am not a prude in regards to relationships, I do feel that children should not have their partners share a bed or sleep in the same room until they have established their own lives (i.e. moved out of their parents home, finished school, and are financially independent). A family home should be respected, inclusive of a parent's comfort-zone regarding*

*their children sharing intimate space with their boyfriends/girlfriends during visits. I feel that it's okay to not make it too easy for your children to have the perks of adulthood before they are fully independent. Making things too comfortable for them can lead to unplanned circumstances.*  
 - Kari

Dear Kari,  
 A co-worker uses my office when I am traveling and not in the office. He leaves it a mess! I have tried to suggest politely that I like order and would prefer that he does not use my space, but he doesn't take the hint. What do you think I should do to make him stop using my space?  
 - **Neat Freak Colleague**

Dear Neat Freak Colleague,  
*I completely understand your complaint, as I too like everything neat and organized. I am not fond of people using my space either. It seems you have tried the polite suggestion route with your colleague, yet gotten nowhere. Now you will have to just flat-out tell him that it makes you uncomfortable when he uses your office and you would like him to stop doing so. Will he react respectfully? One hopes so that both of you can continue to work together in a cohesive manner moving forward. If not, I suggest you speak with your leadership and ask them to make your request known to him again on your behalf.*  
 - Kari



Kari O'Neill, MSW, LICSW, is a licensed independent clinical social worker and a resident of Issaquah Highlands.

*This column is for entertainment purposes only. If you are in crisis and in need of support please contact the Crisis Clinic at 866-427-4747.*

*Please email Kari questions at askkarioneill@gmail.com. All email user personal information will remain confidential and not be published.*

# ARTS & ENTERTAINMENT

## Follow Your Nose to Culinary Delights Just Down the Road

by Molly and Marty Fisher, Ashland Park



We didn't have to see the beautiful new buildings to know that something had changed for the better. Just standing on the corner of NE Park Drive and 10th Ave. NE was making our mouths water.

It was dinnertime and it was impossible to ignore the wonderful aromas wafting through the air. On one side of the street, grilling beef was calling our names. And just as our feet started moving, a fragrant whiff of seafood drifted our way.

Which way do we go? It was clear that we had to fish or cut beef. Our heads swung back and forth across the street a few times before the obvious answer finally hit us. We were going to do both The Ram and Big Fish Café – just not on the same night.

We decided to kick start our Highlands culinary adventure at The Ram and we were rewarded by our first choice.

From the first steps in the restaurant, The Ram exudes a friendly, energetic vibe. The host staff immediately made us feel welcome with their warm, genuine smiles. And although the restaurant was full of giddy-looking people, patiently waiting their turn for a table, we snagged a spot in the bar area for some warm, genuine smiles of our own.

The first thing you notice is the hustle of activity among servers and cooks along the back wall at the big exhibition kitchen. The huge bar area has adjacent outdoor seating. Big screen televisions frame both sides of the restaurant, adding to the energy in the room while allowing conversations at every table. And conversations there were. People clearly knew each other, stopping to chat with their neighbors as they moved through the restaurant.

"This is an amazing neighborhood," said Ram General Manager Jay Feinberg. "We're really excited to be here and be part of the community. People have been coming in telling us how excited they are that we're here and we're just as excited.

"The Ram philosophy is simple and straightforward. We make a connection with our guests. There are no scripts, no robotic gestures. Every guest is different and we figure out what they're here for and tailor the experience. We hire for personality and train for technical ability."



A family-owned restaurant in its 43rd year, the first RAM opened in Lakewood, Washington in February 1971. The company currently operates more than 30 restaurants in six states, but hasn't lost its local flavor.

The menu kicks typical sports bar food up a few notches with clever, tasty offerings like the Armadillo Eggs appetizer with chicken, fresh chopped jalapenos, pepperjack cheese and secret sauce and The Notorious P.I.G. sandwich with slow-roasted pulled pork, bourbon bbq sauce, sauteed onions and red bell and Anaheim peppers. Also check out the Thai Chicken Salad and the Stadium Burger – both were terrific.

There's plenty here to keep both kids and parents happy. The \$5.99 kids menu, offering 7 entrée choices from Kraft Macaroni and cheese to mini corn dogs, will make the little ones smile. The daily Happy Hour (3-6 p.m. and 10 p.m. to close) is a treat for adults.

The next night we followed our noses to the Big Fish Grill. Known for fresh seafood with a Northwest twist, the restaurant is warm, laid-back, and inviting. The Highlands is the third location for owners Carrie and Kevin Orrico, who also operate The Big Fish Grill in Kirkland and Woodinville.

The tastefully-decorated dining room leads to the bar and outdoor seating area at the back of the restaurant. The menu has a nice variety of fresh fish and seafood, ranging from cedar plant salmon to parmesan crusted halibut.

Our favorite appetizer was the Traditional Steamer Clams, served in a delicious broth with garlic, butter, lemon and basil. The sourdough bread was the perfect accompaniment to soak up every drop of broth.

The best part of going out to eat is sharing. We typically order two different entrees and this time we chose the Alaskan Halibut Fish and Chips and the Tri-Pepper Crusted Scallops. The cod was fresh and flaky and the seasoned chips were fried just right. The scallops were served in a pineapple bierre blanc with rice and fresh asparagus.

Big Fish Grill also offers wild salmon and lots of \$5 options like fish and chips, a cheeseburger, and chicken tenders on the kids menu.

The best news is that this is just the start. We're really looking forward to tasting our way through all of the other great new restaurants that will be opening just down the road.

**WIT & TIDBITS**

**Thanksgiving Turkey Tussle**

by Tami Curtis, Summit (or Two Slides) Park



Every year, prior to Thanksgiving, I look upon the deli section's pre-made Thanksgiving meal in a box with envy. Oh, how orderly and tidy the feast looks; with its cranberry dish, mashed potatoes, gravy, green bean casserole, and cooked-to-perfection turkey. You even get dinner rolls and pumpkin pie thrown in this easy masterpiece!

Then I say, "Shame on you, Tami, that's not a legit holiday meal." Then I respond to myself, "Yeah, but if I just transferred the pie to a ceramic dish, pop the dinner rolls in my own basket, and throw some garnish on the casserole, it COULD look like my own handiwork!" I reply to myself, "Tsk, tsk, Tami, what would your DIY sister say if she found out you BOUGHT Thanksgiving dinner?!" Doghouse City. So, I steer my shopping cart from the deli back to the rest of the store, and dutifully purchase the two-page list of ingredients necessary to concoct Thanksgiving.

Despite my five-minute dueling conscience, I look upon the Thanksgiving feasts I've hosted in the past with rose-colored glasses. All the family gatherings could be summed up as "Oh, it was great! We were stuffed!" But upon closer inspection I realize there is always a funny food flub or a dish disaster that hovers vaguely in memory. Martha Stewart would be appalled at my barely contained culinary chaos.

Nod in recognition if you've pulled this stunt before: cooking the turkey upside-down. I mean, how are you supposed to tell which direction is north, south, east or west on that naked bird? Do the wings make an 'N' or 'V'? I should have consulted Bing (you're welcome, Microsoft), but after sticking my hand where the sun don't shine, I wasn't about to jiggle a mouse.

Speaking of sticking my hand in the netherworld of a bird, have you ever forgotten (or couldn't locate) the bag of accessory turkey parts, only to discover them at carving time? While prepping the bird I've been known to spend 20 minutes rummaging inside one orifice and coming up empty-handed, only to be informed that I was at the head, not the tail. Woops. Poultry anatomy is not my strong suit, but the rest of the meal comes out okay if I simply pay attention. Peeling potatoes, whisking gravy, dumping a bag of frozen green beans into a dish. Cakewalk. I can present a reasonable facsimile of a feast as long as I remember everything. However, I can count on forgetting three things every year, and don't discover them 'til it's too late. (Shall I blame the food-prep cocktail? Nawwww..)



Raise your hand if you left the cranberries in the fridge, only to discover them at dessert time. Raise your other hand if you remembered the cranberries, but forgot the whipped cream for the pie. Now with both hands above your head throw me some jazz fingers if you've left the rolls in the oven. Yup, you now know the dance moves to the Thanksgiving cha-cha-forgetta-disha.

Thankfully the traditional feast has so many components that most faults can be accommodated. Our buffet is usually brimming with about ten entrée items, not including dessert. Statistically speaking, if I make a mess of (or forget) one item, there are nine others to hold the meal intact. Since my family members bring at least four of those ten dishes, the statistical failure will decrease, the more I outsource. Plus, with their superior kitchen prowess, the overall meal quality and taste statistics spike when my family walks through the door holding their contributions. They're not the type to forget to pull the neck out of the butt of the turkey.

If it weren't for my supportive family brushing off my kitchen casualties, and bolstering the meal quality with their contributions, I'd probably give in to the temptation of buying the fixer Thanksgiving in a package at Fred Meyer. While I'm too inept to relate to Martha Stewart, I'm also too stubborn to let the grocery store partake in the annual turkey tussle. Cheers to all of those families who determinedly go face to face with poultry fixings every year, and come out the end stuffed and content.



A two-slide park resident (Summit Park), Tami Curtis is mother of two middle school boys and can be seen running all over the Highlands with Lacey Leigh. Her very supportive husband, Glenn, is a great fan and sounding board of her Celtic band, The Fire Inside.

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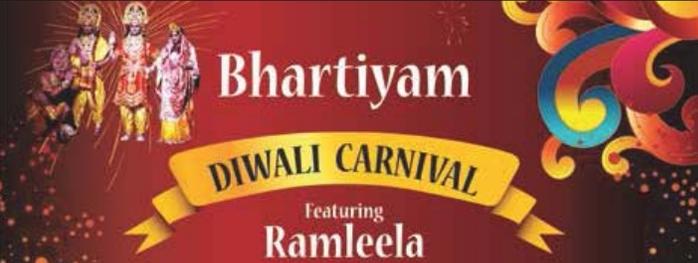
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## IHCA LANDSCAPE UPDATES

# Observations and Comments on Overplanting of Landscapes

by Cass Turnbull (Consultant to the IHCA)

The first goal for designers and maintenance crews at all levels must be to educate the consumer, both through the media and individually. We need to stress the waste of money caused by overplanting. Customer education cannot be emphasized strongly enough, because all projects are ultimately being built for the end customer, the owner. As long as there is a demand, there will be a supply, and a portion of the landscape industry dedicated to perpetuating problem projects and maintenance.

As was the case with the tree industry and tree topping, at some point landscape architects need to refuse the short-sighted demands of uneducated, impatient customers who ask them to overplant. The sooner we refuse to overplant, the sooner overplanting will end. The tree industry apologists used to say, "I try to educate the customer about topping, but if I don't do it someone else will." Then one day the arborists simply stopped doing what shouldn't be done. That woke up the customers. Today tree-topping is rarely done, never advertised, and is even illegal in certain jurisdictions (including Issaquah Highlands). Landscape architects who know that overplanting is wrong also need to hold their ground and refuse to do it.

Perhaps an awards program for Landscapes That Last should be created by the green industry; and promoted to municipalities, builders, and property management companies. New specifications for property managers should be developed: one for design and one for maintenance.

### Design Specifications

Design specifications should specifically ban overplanting as being unnecessarily costly and requiring total landscape replacement as often as every eight years. For instance, the specs must assert that no shrubs should be planted within three feet of hardscapes, such as sidewalks, paths, and lights. No plants that mature to over three feet tall should be planted under windows. Space equal to the mature height of each shrub should be maintained between plants that mature at six feet and over. One-half to two-thirds of the plants used in the landscape should mature at two feet or less. Interplanting for immediate impact will be accomplished with massed ground covers and perennials that grow to no more than six inches tall. Rocks and hardscape features should be the initial focal points until shrubs mature. Spreading shrubs such as snowberry, bamboo, and rugosa roses should not be planted with other shrubs in the same size range. Trees should not be overplanted for immediate impact. Instead, their size in ten or more years should be considered. In fact, industry standards for correct spacing already exist and should be additionally referenced, but not until after property owners thoroughly understand the importance and cost-effectiveness of these standards.

### Maintenance Specifications

Given that the common practice of shearing and shaping is high maintenance, causing unruly growth and premature plant mortality, only a selective pruning technique will be employed. This requires that customers see past the tight sheared style as evidence they are getting their money's worth. As mentioned earlier, good horticultural practices are often nearly invisible and instead are apparent only through the simple attractiveness of the garden. Shearing, both power and hand shearing, should be reserved for formal hedges, lavender, cistus, and broom. When shrubs must be pruned lightly more than once a year for size constraint, they should be

removed and replaced with smaller shrubs. Priority should be given to reusing other mature but smaller shrubs on site. Time should be allowed to enlarge beds to accommodate maturing shrubs. Mulch should be kept at a depth of one-to-three inches in all areas, no more and no less should be used. Mulch should not be placed against the crowns of trees or shrubs. A well-weeded and mulched tree ring should be maintained around trees to prevent string-trimmer and mower damage.

Once these specifications find their way into general use, money and plant material will be used wisely and well.

## Meet Your Team | Russ Ayers

Russ was hired back in 2005 to help the community rein in its irrigation costs. At the time the irrigation bills were doubling each year; so Port Blakely set about finding a water manager. We asked Russ how things compare today to when he was first hired: "The biggest change of course is all the build-out, but in our landscape world the biggest and best changes have been our success in managing irrigation costs and repairs with our in-house team.

The work they do with open spaces and other common areas is huge, too. I just shudder when I recall how difficult and expensive it used to be to get timely irrigation repairs done." When asked about the future at Issaquah Highlands Russ replied "I think as the community continues to mature, the residents and community will be awed and more proud of where they live. In just eight years I've been witness to some of these developments and as they continue their value will only grow."



When he's not managing a half-dozen contractors and a crew of six FTE groundskeepers working across over 150 acres of the Highlands, Russ enjoys gardening (of course!) and time at home with his wife, Terry. The couple shares their Bellevue home with their cat Durniy and ever-present Dachshund Bebens (she is their fifth Dachshund). In days past, Russ and Terry ran a charity that helped deliver over \$1,000,000 in medical equipment, supplies, and training to five hospitals across the Ukraine. "It started out when USAID asked Terry to provide technical training to support a breast cancer project run by PATH, a local global health initiative. We carried the work on after the project was completed, connecting friends and contacts we made here and in the Ukraine. Overall we spent nine weeks in the Ukraine; conducting symposia, and distributing supplies and equipment. It was a great experience on so many levels; working with healers, volunteers, and civil servants committed to helping their people."

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## Be Safe and Warm this Winter!

Before the long, dark winter months, you may want to consider winterizing your home to keep it safe from the cold. Winterizing your property can go a long way to prevent problems from chilly weather and keep your home healthy and in good repair. Use this checklist of items to help winterize your property.

For the interior of your home, ensure these items are checked to maximize energy efficiency and minimize problems...

- Replace weather stripping and door sweeps to prevent air leaks.
- Make sure windows do not have any broken glass.
- Install storm doors and windows.
- Have furnace inspected yearly and clean ducts.
- Clean or change furnace filters.
- Install programmable thermostat and keep temperatures lower when you are not at home.
- Run ceiling fans in reverse to push warmer air downward.
- Insulate water pipes to prevent freezing.
- Turn water heater down to 120 degrees Fahrenheit.

Now that you have taken care of the inside, it's time to concentrate on making the exterior of your home safe and efficient as well...

- Have roof inspected for loose shingles and for areas of potential leaks. Make necessary repairs.
- Make sure all gutters and downspouts are clear of debris.
- Remove any cracked caulk around doors and windows and install fresh new caulk.
- Drain air conditioner pipes.
- Install protective coverings and insulate your crawl space entrance.
- Visually inspect foundation walls for cracks. Seal them to prevent pest entry.

Let's not forget addressing landscape and other maintenance issues...

- Trim away all branches touching the house.
- Drain lawn equipment of gasoline and oils.
- Remove yard debris from equipment.
- Place a winterizing slow-release fertilizer on your lawn to help through the winter.
- Remove hoses from faucets and drain them prior to storing.
- Winterize irrigation system by draining and blowing out the lines.
- Turn off water to exterior faucets and cover them to prevent freezing.

And just in case you want to go the extra mile, here are a couple of miscellaneous items...

- Create an emergency kit in case of power outages (including non-perishable food, candles, matches and flashlights, bottled water, radio, battery backups for electronics, extra pet food, medicines, and first aid kits).
- Buy a snow shovel and some sand to spread in icy conditions.
- Consider purchasing a back-up generator.

Utilizing these tips not only creates an energy efficient home, but can prevent winter time disasters from occurring. Now have a safe and cozy season!

## Fall Yard Debris and Open Spaces

The miles of open space buffer that surrounds Issaquah Highlands is not suitable for dumping of yard debris. Instead, residents should arrange to have CleanScapes bring them a green compost cart. It's free and makes sense. Illegal dumping in open spaces is irresponsible, unsightly, and can lead to the poisoning of our goat visitors. Illegal dumping can also result in IHCA fines and civil action from the city (yes, this kind of behavior is actually easy to find and trace).

CleanScapes Recycling Guidelines for food scraps and yard waste:  
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## PORT BLAKELY CONSTRUCTION UPDATE

# Grand Ridge Plaza readies for November grand opening

by Suzanne Lee for Port Blakely Communities



### More than 95 percent of retail space leased

The vision of Grand Ridge Plaza as a gathering place and regional destination is coming to life. With construction nearing completion, more than 95 percent of available retail space is occupied and many merchants are open for business with grand openings planned each week. Newly-announced tenants include women's clothing boutiques Francesca's and Soma Intimates, as well as Apple specialist TD Curran, children's clothing shop Carter's, and Pacific Dental Services.

Earlier this fall, BevMo!, MOD Pizza, The RAM, Big Fish Grill, Opal Boutique and several others opened their doors to a positive welcome from the community. While some residents braved the stormy weather for their BevMo! goody bags, others stayed warm across the street at Starbucks. If the pedestrian traffic coming and going from Regal Cinemas to The RAM, Agave, Aji Sushi and Sip is any indication, it is going to be a great year for movie nights at Issaquah Highlands.

The developer of Grand Ridge Plaza is Regency Centers, one of the country's largest developers and operators of destination shopping centers. Grand Ridge Plaza is their largest project in the Northwest to date. To learn more about how Regency designs centers such as Grand Ridge Plaza, we sat down with Craig Ramey, Regency's Senior Vice President, Senior Market Officer at Caffè Ladro. Here's what we learned about how to build a shopping center:



#### What made Issaquah Highlands the right choice for Regency?

We were immediately drawn to the sense of place – the strong feeling of community at Issaquah Highlands. During our first tour, the overall aesthetic appeal stood out: the boulevards and street trees, the connecting paths, the architecture, as well as the overall friendly feeling. From my standpoint, I could tell this is already a strong community. It only needed the final component of the retail center.

#### What was your inspiration?

We took a strong emphasis from Issaquah Highlands' traditional urban design

principles: the connectedness, walkability and how the outdoor areas connect to buildings in a way that interacts naturally. We also looked at ways to create gathering places and open areas, which create a sense of personal connection. These all contribute to creating a strong sense of place, which offers an experience that keeps people coming back.

The integration of a variety of uses was also important. While some visitors might come for dinner and a movie, others will stop by after school to get haircuts for the kids. This mix helps to support a range of services and in turn, supports the concept of a gathering place.

#### How do you determine the mix of merchants?

We started early with the concept of a grocery-anchored shopping center. We looked at merchants in three general categories, which are grouped together to match people's needs. These categories are entertainment (movie theatre and restaurants), daily good and services (groceries, hairdresser, etc.), and soft goods such as clothing and sporting equipment. Each category draws a range of people to Grand Ridge Plaza for different reasons.



#### What attracted merchants to Issaquah Highlands?

The strong demographics, great location off I-90 and near Sammamish, growth in the area, as well as expansion of other projects nearby all play a role in attracting interest from merchants. In fact, many of the merchants were interested in expanding at Issaquah Highlands years ago. Take for example The

Ram and Chinese Café. They've wanted to come here since as early as 2005. Regal Cinemas also committed to building here years ago. That's remarkable.

Other merchants had to see the construction in place to get a good feeling for whether Grand Ridge Plaza was the right opportunity for their business. Once they saw the construction go vertical, something clicked and they came on-board. We heard comments like "we get it now" from several merchants.

Safeway had already expressed interest in expanding to Issaquah Highlands and they embraced the philosophy of making their store a gathering place that offers much more than groceries. The store will be a unique and special Safeway.

#### What criteria do you apply to selecting merchants?

The success of each individual merchant is a success for Issaquah Highlands. We looked at what each merchant could bring to Grand Ridge Plaza. Do they have a concept that will draw people to Grand Ridge Plaza? Do they have a solid reputation as a strong operator? Will they give people a reason to come back? What can they contribute to the community?



As a result, we have a blend of local, regional and national merchants that each offers a different experience. Frame Central is a great example. They're based in Portland and have slowly expanded to seven locations in Oregon and Washington. When you walk in the door, it's this combination of art gallery and frame shop that you don't get anywhere else.

#### What's coming next?

Most merchants will open by Thanksgiving and we're looking forward to hosting a grand opening celebration for all of Grand Ridge Plaza. The reception from the residents and businesses here in the community has been incredibly positive. We're honored to be here and look forward to becoming an active partner in the community.

#### What makes Grand Ridge Plaza unique?

There are two things that make Grand Ridge Plaza truly unique – the "place" and the "experience." There's a strong sense of place that's evolving at Grand Ridge Plaza as a destination. The layout and design promotes walkability – rain or shine – and creates a nearby gathering place for residents and visitors. Additionally, it offers convenience with most of the goods and services neighbors need on a daily basis. The entertainment and lively restaurants have already become popular destinations.





## The Faces of Grand Ridge Plaza, A Series

Compiled and edited by Nina Milligan, Crofton Springs and Editor of this paper

As new stores open in Grand Ridge Plaza our community welcomes its newest members. We've all been watching the building, the signs and the move-in. But who is inside running the show? Over the next few months we will introduce you to the faces of Grand Ridge Plaza. We will give

you a peek at their personal side and their work motivations. Even the pioneer shop keepers from what many of us call Block 8 are part of Grand Ridge Plaza, so they will be found here, too. Come with me to meet our new neighbors!



### Ben & Jerry's Ice Cream

Mark Mullet is the owner of Ben and Jerry's, which he opened in 2010. Mark, his wife, and their four little daughters live in Issaquah Highlands where they also own and operate Zeeks Pizza. Mark represents the community as our Senator in Olympia. His favorite part of working in the ice cream industry is the positive Karma. His favorite day off is Sunday when he likes to do a lot of nothing with the family.



### UPS Store

Lawrence Siu is the Franchisee Owner of The UPS Store at the Grand Ridge Plaza. A 21-year Eastside resident, Lawrence enjoys connecting with the community and its many members. Whether he is chatting with customers about his favorite football team (Go Hawks!) or helping everyone with their packing and shipping needs, he is very excited to become an integral part of the Highlands.



### Chinoise Sushi Bar and Asian Grill

Chef, restaurateur and NW culinary influencer Thoa Nguyen was born in Saigon. In 1975, at age 11, Thoa and her family left Vietnam. She then moved to Seattle and opened her first restaurant in 1996. Thoa, Barry, her husband and their two children live on the Eastside. When not working in one of her restaurants, she likes to cook, shop, travel and create art work.

### Issaquah Nails

Nga Hoang was born in Vietnam but grew up in the Northwest. She looks forward to work every day because of her team. "We definitely clicked right away and they feel like family to me." Her favorite part of work is creating relationships with new and loyal customers to make this location a favorite place for them. Her favorite days off include exploring new places to eat, learning different languages, and hugging baby pandas and puppies.



### GNC

Tim Tian is the operator of the GNC franchise store. He used to be a software developer for high frequency trading in the financial district of Chicago. He tired of the coding life and found love in supplements and nutritional products. He and his wife Jenny love the mountains and forest in the Northwest and call Issaquah Highlands their home. Tim enjoys well living by helping others live well. In his spare time, Tim likes hiking and reading books, particularly books of history.



## Discovery Heights

On Discovery Drive it's not just apartments! New shops and services are scheduled to open there, too. Expect to see Discovery Dental, Blue Water Nails and Fisette Financial all open by early November.

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## RESIDENT PROFILE: STACY GOODMAN

**Stacy Goodman** serves on the Issaquah City Council and is one of just two resident elected officials. She was appointed in 2011 and won the popular election later that year. Also unlike most other Issaquah Highlands residents, Stacy is not a newcomer. She and her husband Tim raised their family living at Mirrmont on Tiger Mountain since 1989. In 2005 they moved to Grand View Park in the northern reaches of Issaquah Highlands. Watch for Stacy on ICTV channel 21 but get the rest of the story here.

### What do you like best about Grand View Park?

We live across the street from the park, so we love the view. We also love watching the families with their young children play in the park.

### What do you think is special about IH?

So much is special! The cultural diversity of the residents. The parks and trails. And with Grand Ridge Plaza opening, people are milling about at all hours! It's wonderful! Oh - and I LOVE the lighted trees during the holidays!

### Your favorite day-off scenario in IH?

Hmmm. Well, I have been thinking lately that as soon as everything opens at Grand Ridge Plaza, I would like to spend one full day going into every store and every restaurant. I'm doing that for sure. I'm a browser. I might stay in Ulta for hours!

### Or nearby day-off scenario?

Our go-to day trips are to Seattle neighborhoods. Recently we spent a Saturday in Georgetown exploring the unique shops, new restaurants, and quirky culture. Regardless, all roads lead to Pike Place Market, so we usually end up there.

### Where did you grow up?

Eugene, Oregon. Go Ducks!

### Tell me about your parents and any siblings.

My mom passed away in September. My dad lives in Eugene. My younger brother lives in Portland. All three of us are lawyers from the University of Oregon. My brother is my best friend (along with my hubby). Isn't that so cool that my brother is my best friend?

### What about yours and Tim's family?

I am so proud that we are a very close-knit family. Scotty, newlywed to Nadia, is 30, Colin is 27. I love that my boys like to spend time with us. We are regularly a team at Trivia Night at Zeek's.

### What else do you do together?

We watch LOTS of sports. If the game involves a ball, it's probably on our TV. Tim and Scotty are Huskies. Colin is a Cougar. I'm a Duck. Football season is a blast at our house.

### You practice law at Carson & Noel here in Issaquah. Have you always been an attorney?

No. When my boys were very young, I had an in-home daycare while taking night classes. I graduated from the UW with a degree in communications, and worked for nearly 10 years at the Issaquah Press as a reporter and editor.

### Why did you eventually choose the law?

I've always wanted to go to law school, perhaps influenced by my dad. When I worked at the Press, I was exposed to open meetings and other law, and thought I would practice in a related area. But I don't. My primary focus is commercial law and estate planning.

### What is the most rewarding part about being a lawyer?

As a reporter I enjoyed helping people, telling their stories, giving them a voice. Similarly, when people come to me as an attorney, they usually have a problem or need some type of help. No one wants to need an attorney. I understand that. When I can make the experience pleasant for a client, I feel good about that.

### What was Issaquah like "back in the day"?

Back in 1989 I remember driving into town to buy groceries here for the first time. It was late in the evening and very dark. I swear there wasn't another car between Tiger Mountain and QFC.

### How has it changed?

Traffic has been a significant problem for a number of years now. The City Council is going to address it in 2014. That said, Issaquah is still a small town at heart. That has not changed.

### Seen any good movies lately?

We are usually watching sports! But I do love a good comedy. I busted a gut watching Bridesmaids.

### What's your favorite movie/book of all time?

The Color Purple is my favorite movie. I've seen it a dozen times. My favorite book is A Confederacy of Dunces by John Kennedy Toole.

### What does the future hold?

Good question! I make no predictions about the future. I will serve on the council for at least four more years, and I have no plans for any major life changes.





*Connections is published by the Highlands Council. Our mission is to foster the development of a vibrant and caring community committed to service, diversity, and well-being.*

**Connections**  
Connections is printed and mailed every month to every Issaquah Highlands residence as well as local Issaquah residents and businesses. **For article submissions and advertising sales, contact Nina Milligan at [nina.m@ihcouncil.org](mailto:nina.m@ihcouncil.org) or 425-507-1111**

Size	BW	Color
Mini (text only): 3" x 3"	\$50	
Rectangle Vert: 3" x 4.625"	\$75	\$150
Rectangle Horz: 4.625" x 3"	\$75	\$150
Square: 4.625" x 4.625"	\$125	\$195
Quarter Page: 4.625" x 6.25"	\$150	\$275
Half Page Vert: 4.625" x 13"	\$275	\$495
Half Page Horz: 9.625" x 6.25"	\$275	\$495
Full Page: 9.625" x 13"	\$595	\$950

Ads are due by the first Friday of the month for the following month's publication.

Print ads must be submitted electronically in .eps, .tif or .pdf format with all fonts embedded. For best results with newspaper printing, please avoid small text in color or reversed out of color. Do not use a built black of CMYK combined. Instead, please setup all black as "K" only. All files must be in CMYK (not RGB). Resolution should be a minimum of 200 dpi. Please allow for 15-20% gain. Graphic design services are available.

**WEBSITE ADVERTISING AVAILABLE!**  
[www.ihwebsite.com](http://www.ihwebsite.com)

Content and advertising in *Connections* does not necessarily reflect the opinions/views of the Highlands Council or staff.

## Rental Facilities

### Blakely Hall

Award-winning Blakely Hall has a feeling and comfort of a lodge. It is a wonderful place for parties with 70 or more guests, fund raisers, galas, and any type of reception. Blakely Hall can accommodate up to 230 guests. In addition to the atmosphere Blakely Hall will give you, there is a patio with outdoor seating and BBQ grill that is available for rent.

### Blakely Hall Meeting Room

The Conference room is perfect for your meeting or seminar. It is private. It can accommodate up to 46 guests. A screen is provided as well as comfortable conference chairs and tables that can be configured to your liking. A projector is available for rent. There is a wash station, and a countertop to place your refreshments.

To inquire about booking facilities at Blakely Hall, please contact Brianna at 425.507.1107 or email [brianna.e@ihcouncil.org](mailto:brianna.e@ihcouncil.org)

### Fire Station Meeting Room

The Fire Station 73 meeting room is great for community or group meetings. It comes with tables and chairs. It can accommodate up to 85 guests in a meeting setting or comfortably 30 guests. There are two whiteboards for writing down your ideas and agenda. There is also a television with a DVD player for your instructional videos. Because this is a city building they do not allow religious, partisan, or for-profit meetings to take place in this facility. To inquire about booking the Fire Station Meeting Room, please contact Fire Station #73 at 425.313.3373.

## DIRECTORY

### ISSAQUAH HIGHLANDS COMMUNITY ASSOCIATION

- Responsible for:**
- Property Management
  - Enforcement of CCRs, Rules, Regs
  - Architectural Review
  - Common Area Landscape
- Funded by:**
- Annual IHCA Assessments
  - Neighborhood Assessments

### GOVERNING BODY

Issaquah Highlands Community Association Board of Directors

- Jim Young, President
- Andrea Gregg, Vice President
- Tad Pease, Secretary
- David Ngai, Treasurer
- Scott McKay, Member
- Walt Bailey, Member
- Dan Vradenburg, Member

### STAFF

**MAIN PHONE: 425-427-9257**

1011 NE High Street Suite 210  
Monday-Friday 9:00AM to 5:00PM

**Sarah Phillips**, Executive Director  
[sarah.p@ihcommunity.org](mailto:sarah.p@ihcommunity.org), 425-507-1120

**Rachel Garrett**, Director of Community Operations  
[rachel.g@ihcommunity.org](mailto:rachel.g@ihcommunity.org), 425-507-1115

**Erika North**, Community Manager  
[erika.n@ihcommunity.org](mailto:erika.n@ihcommunity.org), 425-507-1121

**Jennifer Fink**, Community Manager  
[jennifer.f@ihcommunity.org](mailto:jennifer.f@ihcommunity.org), 425-507-1113

**Russ Ayers**, Landscape Manager  
[russ.a@ihcommunity.org](mailto:russ.a@ihcommunity.org), 425-507-1130

**Whitney Wengren**, Office Manager  
[whitney.w@ihcommunity.org](mailto:whitney.w@ihcommunity.org), 425-507-1135

**Joon Chang**, Accounting Manager  
[joon.c@ihcommunity.org](mailto:joon.c@ihcommunity.org), 425-507-1117

**Homeowner Account Inquiries**  
[payments@ihcommunity.org](mailto:payments@ihcommunity.org), 425-507-1119

**Escrow Payoffs**  
[accounting@ihcommunity.org](mailto:accounting@ihcommunity.org), 425-507-1123



**Emergency: 9-1-1**

**Issaquah Police (non-emergency):** 425-837-3200

**WA Dept of Fish & Wildlife:** 425-775-1311

**Emergency Contact Number**  
For after-hours emergencies not involving police and fire response or gas or water main breaks, contact IHCA at 425-313-2209

### HIGHLANDS COUNCIL

- Responsible for:**
- Community Events
  - Blakely Hall Community Center
  - Facility Rentals
  - *Connections* Newspaper
  - [www.ihwebsite.com](http://www.ihwebsite.com)
- Funded by:**
- Sponsorships/Grants
  - Advertising
  - Community Enhancement Fees (¼ of 1% on sale of home)
  - 12¢ per sq. ft. retail/commercial

### GOVERNING BODY

**Highlands Council Board of Trustees**

- Larry Norton, President
- John Thompson, Vice President
- Linda Hall, Treasurer
- Philip Nored, Secretary
- Susan Terry, Member
- Patrick Byers, Member
- Ray Besharati, Member

### STAFF

**MAIN PHONE: 425-507-1107**

**Blakely Hall** 2550 NE Park Drive  
Monday-Friday 8:00AM to 5:00PM

**Christy Garrard**, Director/Special Event Planner  
[christy.g@ihcouncil.org](mailto:christy.g@ihcouncil.org), 425-507-1110

**Nina Milligan**, Communications Manager  
[nina.m@ihcouncil.org](mailto:nina.m@ihcouncil.org), 425-507-1111

**Brianna Eigner**, Blakely Hall Coordinator  
[brianna.e@ihcouncil.org](mailto:brianna.e@ihcouncil.org), 425-507-1107

**Michele McFarland**, Finance Manager  
[michele.m@ihcouncil.org](mailto:michele.m@ihcouncil.org), 425-507-1108

**Julie Clegg**, Creative Coordinator  
[julie.c@ihcouncil.org](mailto:julie.c@ihcouncil.org)

**Keith Luu**, Events/Administrative Assistant,  
[keith.l@ihcouncil.org](mailto:keith.l@ihcouncil.org)

**Vyvian Luu**, Intern  
[vyvian.l@ihcouncil.org](mailto:vyvian.l@ihcouncil.org)

### Community Services at Blakely Hall

- Fax Sending & Receiving  
Fax sending, local \$.50 per page  
Fax sending, long distance \$1.00 per page  
Fax receiving, \$.50 per page
- Limited B/W Photocopying, \$.05 per page
- Lost and Found

**HIGHLANDS COUNCIL**  
BUILDING COMMUNITY AT ISSAQUAH HIGHLANDS

[www.facebook.com/highlands.council](http://www.facebook.com/highlands.council)  
**Weekly E-Letter: Sign up at [ihwebsite.com](http://ihwebsite.com)**

### PORT BLAKELY COMMUNITIES

*Port Blakely Communities, the developer of Issaquah Highlands, continues to be involved as they have a vested interest in the community and in seeing their vision become reality.*



**PORT BLAKELY COMMUNITIES**

*Integrity and Innovation since 1864*

*Don't leave money on the table!*  
**Get the most from  
 the sale of your home.**  
 Call or text Krista at 206-890-6347



**Just Listed \$759,000**  
 3bed, loft, 3353 sqft, open concept design  
 Gorgeous private backyard. MLS# 552086

**PENDING**  
 Dahlia Park, Issaquah Highlands

**Just Listed \$2200/mo**  
 5bed, 2.5bath, amazing value  
 12 - 24 month lease. MLS# 552176

**PENDING**  
 Manchester Court  
 Issaquah Highlands

**Just Listed \$1850/mo**  
 Crofton Springs, 3bed, 2.5bath  
 Remodeled. 6, 9 or 12 month lease

**LOWEST COMMISSION GUARANTEE**

- ✓ Preferred placement on Zillow
- ✓ Preferred placement on Trulia
- ✓ Open Houses
- ✓ Unlimited Color Flyers
- ✓ Individualized Property Website
- ✓ Complete web syndication of listing
- ✓ Social Media Campaign
- ✓ Full color Connections Ad for your home
- ✓ Professional photography
- ✓ DIRECT MAIL CAMPAIGN
- ✓ Constant Contact E-Blast to agents featuring your listing
- ✓ Professional move in/out cleaning as client gift!



**Krista Mehr - Owner**  
 206.890.6347  
 kristamehr.com  
 kristamehr@gmail.com

*"Focused on quality of service, not quantity of sales"*

Up to \$500 of every Highlands sale  
 is donated to a PTSA of your choice  
 \*Grand Ridge | PCMS | Issaquah High\*